

# Eatin' Right and Drinkin' Bad

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Janet (Zhen Zhen) Ge (CN) - September 2023

**Music:** Eatin' Right and Drinkin' Bad - Ronnie Beard



**(No Tag, One Restart)**

Thanks my FB friend Ronnie Beard for recommending this song!

**Intro: 32 counts**

## **Section1 Vaudeville R-L**

1-4 Cross right over left, step left to side, touch right heel to diagonal R, step right next left  
5-8 Cross left over right, step right to side, touch left heel to diagonal L, step left next right

## **Section2 1/4 Turn R Jazz Step, Heel Switch**

1-4 Cross right over left, 1/4 turn R stepping left back, step right to side, cross left over right  
5-8 Touch right heel forward, step right next left, touch left heel forward, step left next right (3:00)

## **Section3 1/4 Monterey Turn, Rocking Step**

1-4 Point right to side, 1/4 turn R stepping right together, point left to side, step left together  
5-8 Rock right forward, recover on left, rocking right back, recover on left (6:00)

## **Section4 Sugar Step, Forward, 1/4 Pivot Turn L**

1-3 Touch right toe in, touch right heel out, cross right over left  
4-6 Touch left toe in, touch left heel out, cross left over right  
7-8 Step right forward, 1/4 pivot turn L weight on left (3:00)

**Restart: After 16 counts on wall 4 facing to 12:00**

**Have Fun!**

**Contact Email: 93806188@qq.com**

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