

My Guitar and Me

COPPER **KNOB**
BY STEPHEN HEGGERNES

Count: 32

Wall: 2

Level: Improver

Choreographer: Sadiya Heggernes (NOR/UK) - August 2023

Music: Me and My Guitar - Jax Jones & Fireboy DML



NO TAGS OR RESTARTS!

32 count intro – start on vocals

Section 1 SIDE, CROSS, SIDE, KICK, SIDE, MODIFIED JAZZBOX ¼ TURN R

- 1-2 Step R to R side. Cross L over R
- 3-4 Step down on R. Kick L to L diagonal
- 5-6 Step down on L. Cross R over L.
- 7-8 ¼ turn R. Step back on L. Step R to R side 3.00

Section 2 CROSS. SIDE ROCK, CROSS, MONTEREY ¼ TURN L, FLICK

- 1-2 Cross L over R. Rock R to R side
- 3-4 Recover onto L. Cross R over L
- 5-6 Touch L to L side. ¼ turn L on ball of R. Step L beside R 12.00
- 7-8 Touch R to R side. Flick R behind L

Section3 SIDE CROSS, SIDE, ½ HINGE TURN L, R CROSS ROCK ¼ TURN R STEP FORWARD, HOLD & CLAP

- 1-2 Step R to R side. Cross L over R.
- 3-4 Step R to R side. ½ hinge turn L on ball of R. Step L to L side. 6.00
- 5-6 Cross rock R over L. Recover onto L
- 7-8 ¼ turn R Step forward on R. Hold & Clap 9.00

Section 4 L CROSS ROCK ¼ TURN L, ROCKING CHAIR

- 1-2 Cross rock L over R. Recover onto R
- 3-4 ¼ turn L. Step forward on L. Hold & Clap 6.00
- 5-6 Rock forward on R. Recover onto L
- 7-8 Rock back on R. Recover onto L

Many thanks to Janice Crichton & Christine Johnson from my Wednesday class who told me about this track

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