

I Can't Stop Shaking

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Advanced Beginner

Choreographer: Georgie Mygrant (USA) - July 2023

Music: Back It Up - Caro Emerald



Intro: 32 counts

S1. R Kick Ball and Chain 2x's R, Step R Fwd. ½ turn L, Shuffle

1&2-3&4 Kick R fwd. Step on R, Step on L, Kick R fwd. Step on R, Step on L
5-6-7&8 Step R fwd. turning ½ to L, Shuffle fwd. R/L/R

S2. Step L fwd. Turn ½ R, Shuffle, Vine R, Triple Step

1-2-3&4 Step L fwd. Turn ½ R, Shuffle fwd. L/R/L
5-8 Step R to R side, L behind R, Step R, touch L to R

S3. Jazz Box L. Triple, Cross Point Fwd.

1-2-3&4 Step L over R, Step back on R turning ¼ L, Step on L/R/L
5-8 Step R fwd. Point L to L side, Step L fwd. Point R to R side

S4. Step Kick R/L

1-4 Step R fwd. Kick L, Step back on L, Step on R
5-8 Step L fwd. Kick R, Step back on R, Step on L

That's it! I do hope you like this routine. Worked hard on to make it for Advanced beginners. Please vote if you like it. Do not alter routine without my permission. Thank you, [Georgie mygeo@adamswells.com](mailto:Georgie_mygeo@adamswells.com) or mygrantg@gmail.com
