

Heads Carolina

Count: 48

Wall: 4

Level: Improver

Choreographer: Lindsay Spence (SCO) - July 2023

Music: She Had Me At Heads Carolina - Cole Swindell



Start on vocals restarts walls 2,5,8

section 1 Rock forward shuffle back, rock back shuffle forward

1,2 right rock forward recover,
3&4 right step back, left step back, right step back
5,6 left rock back, recover
7&8 left step forward, right step forward, left step forward

section 2 Side rock cross shuffle side behind shuffle ¼

1,2 right to right side recover
3&4 right cross over left, step left to side cross right over left
5&6 step left to side right behind left step left to side ¼ turn
7&8 left forward, right forward, left forward

restart wall 2 & 8

section 3 Rocking chair 2 paddle turn

1,2,3,4 right rock forward recover, weight on left, right rock back recover
5,6,7,8 right step turn ¼ hip bump right, right step turn ¼ hip bump right

section 4 Diagonal Forward touch, Diagonal back touch, Diagonal back touch, Diagonal forward touch

1,2,3,4 right touch forward left touch beside right, left touch back right touch beside left
5,6,7,8 right touch back left touch beside right, left touch forward, right touch beside left

restart wall 5

section 5 Vine Right touch, Vine Left touch (option) Rolling Vine

1,2,3,4 right to right side, left behind right, right to side touch left beside
5,6,7,8 left to left side, right behind left, left to side touch right beside left

section 6 Point R/L R toe touch back, L Heel forward, Jump forward, Heel bumps

1&2 right point to right side recover, left point to left side recover
&3&4 right toe touch back recover, left heel touch forward recover
&5,6 jump out right, jump out left
7,8 bounce both heel twice

Hope you enjoy this dance !!!