

Things I Carry Around

Count: 32

Wall: 2

Level: Improver

Choreographer: Colleen Archer (AUS) - 6 June 2023

Music: Things I Carry Around - Troy Cassar-Daley : (Album: Things I Carry Around)



Intro: 8 counts SP: Weight on R Rotation: ½ cw

“For...Bill & Denise ”

Shuffle, Rumba, Mambo, Sailor Cross

- 1 & 2 Step R to right side, Step L beside R, Step R to right side
- 3 & 4 Step L to left side, Step R beside L, Step L forward
- 5 & 6 Rock step R forward, Recover L, Step R back
- 7 & 8 Sweep and step L behind R, Step R to right side, Step L across R (12)

Rock Side, Turn ¼ & Recover, Lock Shuffle, Mambo, Coaster

- 1 & 2 Rock step R to right side, Turn ¼ left taking weight on L, Step R forward
- 3 & 4 Step L forward, Lock R behind L, Step L forward
- 5 & 6 Rock step R forward, Recover L, Step R back
- 7 & 8 Step L back, Step R beside L, Step L forward (9)

½ Pivot, Forward, Samba, Full Turn Right, Cross Rock, Side

- 1 & 2 # Step R forward, Turn ½ left taking weight on L, Step R forward (add finish)
 - 3 & 4 Rock step L to left side, Recover R, Step L across R
 - 5 & 6 Turn ¼ right & step R forward, Turn ½ right & step L back
 - 6 Turn ¼ right and step R to right side
 - 7 & 8 Rock step L across R, Recover R, Step L to left side (3)
- (optional 5 & 6 – Step R to right side, Step L beside R, Step R to right side)

Sailor, ¼ Turning Sailor, ½ Pivot, Forward, Full Turn Right

- 1 & 2 Step R behind L, Rock step L to left side, Recover R
 - 3 & 4 Turn ¼ left and step L behind R, Rock step R to right side, Step L to left side
 - 5 & 6 Step R forward, Turn ½ left taking weight on L, Step R forward
 - 7 & 8 Turn ½ right and step L back, Turn ½ right and step R forward, Step L forward (6)
- (optional 7 & 8 – Step L forward, Step R beside L, Step L forward)

Begin dance again.....

Finish: # Wall 7...dance first 18 counts... then add the following steps.

- 3 & 4 Turn ½ right and step L back, Turn ¼ right and step R to right side, Step L across R

Note: For easier reading and instruction, I have opted to write this dance to the slower count.

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