

Trapped In Love With You

Count: 32

Wall: 4

Level:

Choreographer: Daniel Exton (UK) - May 2023

Music: Trapped - Colonel Abrams



S1: Box Forward, Cross, ¼ Turn Back, Box Forward, Cross, ¼ Turn Back

- 1&2 Right foot to Right side, Left next to Right, Right foot forward
3, 4 Cross Left over Right, Step Right foot back with ¼ turn Left
5&6 Left foot to Left side, Right next to Left, Left foot forward
7, 8 Cross Right over Left, Left foot back with ¼ turn Right

S2: Chasse, R/R, Chasse, Rock ¼ Turn, Recover

- 1&2 Right to Right side, Left next to Right, Right to Right side
3, 4 Rock Right behind Left, Recover onto Left
5&6 Left to Left side, Right next to Left, Left to Left side
7, 8 Rock Left behind Right, Recover onto Right with ¼ turn Right

S3: Diagonal Shuffle, Heel, Toe, Diagonal Shuffle, Heel, Toe

- 1&2 Shuffle diagonally forward Right-Left-Right
3, 4 Left heel forward, Left toe Back
5&6 Shuffle diagonally forward Left-Right-Left
7, 8 Right heel forward, Right toe back

S4: Shuffle Forward with Hitch, Shuffle Back with Hitch, Walk Round Full Turn

- 1&2 Right foot forward, Left next to Right, Right foot forward whilst hitching Left
3&4 Left foot back, Right foot next to Left, Left foot back whilst hitching Right
5 – 8 Walk around a full turn to your Left walking Right, Left, Right, Left

RESTARTS:

Wall 4 after 16 counts

Wall 9 after 16 counts
