

# Morning Rumba (aka The MR Dance)

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wall: 2

Level: Beginner

Choreographer: V. Allen L. Isidro (USA) - May 2023

Music: Morning Is Coming - Sting & Shaggy



**Note:** LDVALI's Summer 2023 Rumba Trainer for Beginners using 1-2-3-\_,5-6-7-\_ tempo

**Set 1 Forward, recover, together, hold, back, recover, together, hold**

1-2-3-4 Forward R – recover L – together R - hold

5-6-7-8 Back L – recover R – together L - hold

**Set 2 Reverse box: side, together, back, side, together, forward**

1-2-3-4 Side R – together L – back R - hold

5-6-7-8 Side L – together L – forward L - hold

**Set 3 Diagonal lock steps forward, forward, recover, quarter turn**

1-2-3-4 Diagonal forward R – lock L – forward R – hold (1:30)

5-6-7-8 Forward L – recover R – quarter turn L – hold (9:00)

**Set 4 Diagonal lock steps forward, forward, recover, quarter turn**

1-2-3-4 Diagonal forward R – lock L – forward R – hold (10:30)

5-6-7-8 Forward L – recover R – quarter turn L – hold (6:00)

**START ALL OVER ON NEW WALL**

**V. ALLEN L. ISIDRO**

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