

# It Feels This Good

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Heather Joffer (USA) & Brenda Dorsey (USA) - May 2023

**Music:** Feels This Good - Jon Mero & LÒNIS



**Intro: 32 Counts**

**Restart: on 5th wall, after 8 counts. You will be facing 12:00**

**[1-8] Stomp, Tap, Tap, Tap, Stomp L, Clap, Stomp R, Clap, Clap**

- 1,2,3,4 Stomp R forward (1) Tap R toes to R (2) Tap R toes to L (3) Tap R toes to center- taking weight on R (4)  
5,6 Stomp L forward (5) Clap hands (6)  
7&8 Stomp R forward (7) Clap (&) Clap (8) \* [12:00]

**[9-16] Rock, Recover, Triple Back, Rock Back, Recover, Step, ¼ L Pivot Turn**

- 1,2 Rock L forward (1) Recover weight on R (2)  
3&4 Step back on L (3) Step R next to L (&) Step back on L (4)  
5,6 Rock back on R (5) Recover weight on L (6)  
7,8 Step forward on R (7) Pivot turn ¼ L – taking weight on L (8) [9:00]

**[17-24] Cross, Side, Cross, Kick, Behind, Side, Cross, Kick**

- 1,2 Cross R over L (1) Step L to L (2)  
3,4 Cross R over L (3) Kick L to L diagonal (4)  
5,6 Cross L behind R (5) Step R to R (6)  
7,8 Cross L over R (7) Kick R to R diagonal (8) [9:00]

**[25-32] Back, Kick, Back, Kick, Rock Back, Recover, Walk, Walk**

- 1,2 Step back on R (1) Kick L forward (2)  
3,4 Step back on L (3) Kick R forward (4)  
5,6 Rock back on R (5) Recover weight on L (6)  
7,8 Walk forward on R (7) Walk forward on L (8) [9:00]

**\*Restart: after completing the first 8 counts, add an additional stomp L forward (&) so weight is on L.**

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