

It Feels This Good

COPPER KNOB
BY STEPHEN

Count: 32

Wall: 4

Level: Beginner

Choreographer: Heather Joffer (USA) & Brenda Dorsey (USA) - May 2023

Music: Feels This Good - Jon Mero & LÒNIS



Intro: 32 Counts

Restart: on 5th wall, after 8 counts. You will be facing 12:00

[1-8] Stomp, Tap, Tap, Tap, Stomp L, Clap, Stomp R, Clap, Clap

- 1,2,3,4 Stomp R forward (1) Tap R toes to R (2) Tap R toes to L (3) Tap R toes to center- taking weight on R (4)
5,6 Stomp L forward (5) Clap hands (6)
7&8 Stomp R forward (7) Clap (&) Clap (8) * [12:00]

[9-16] Rock, Recover, Triple Back, Rock Back, Recover, Step, ¼ L Pivot Turn

- 1,2 Rock L forward (1) Recover weight on R (2)
3&4 Step back on L (3) Step R next to L (&) Step back on L (4)
5,6 Rock back on R (5) Recover weight on L (6)
7,8 Step forward on R (7) Pivot turn ¼ L – taking weight on L (8) [9:00]

[17-24] Cross, Side, Cross, Kick, Behind, Side, Cross, Kick

- 1,2 Cross R over L (1) Step L to L (2)
3,4 Cross R over L (3) Kick L to L diagonal (4)
5,6 Cross L behind R (5) Step R to R (6)
7,8 Cross L over R (7) Kick R to R diagonal (8) [9:00]

[25-32] Back, Kick, Back, Kick, Rock Back, Recover, Walk, Walk

- 1,2 Step back on R (1) Kick L forward (2)
3,4 Step back on L (3) Kick R forward (4)
5,6 Rock back on R (5) Recover weight on L (6)
7,8 Walk forward on R (7) Walk forward on L (8) [9:00]

***Restart: after completing the first 8 counts, add an additional stomp L forward (&) so weight is on L.**

Choreographers: Heather Joffer – hjoffer@msn.com & Brenda Dorsey – bkccows2005@gmail.com

Last Update: 16 Jan 2024