

# While You're Young

COPPER KNOB  
BY STEPHEN

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Dee Musk (UK) - May 2023

Music: While You're Young - Meghan Trainor : (Album: Takin' It Back.)



#32 Count Intro - Approx 16 seconds - Track approx 2 mins 30 secs. BPM 112.

Track available from [iTunes.co.uk deedeemusk@gmail.com](https://iTunes.co.uk/deedeemusk@gmail.com)

**Side, Back Rock, Recover, Chasse Left, Back Rock, Recover, Side, Close.**

1-3 Step R to R side, cross rock L behind R, recover weight to R.

4&5 Step L to L side, close R beside L, step L to L side.

6,7 Cross rock R behind L, recover weight to L.

8& Step R to R side, close L beside R. (12 o'clock).

**\*\*Restart 1 during wall 3 – begin again facing 6.00.**

**Modified ½ Monterey Turn Right, Point, Behind, Side, Cross, Side, Behind, Side, Close.**

1-3 Point R to R side, make ½ turn R stepping R beside L, point L to L side.

4&5 Cross step L behind R, step R to R side, cross L over R.

6,7 Step R to R side, cross step L behind R.

8& Step R to R side, close L beside R. (6 o'clock).

**¼ Turn Right, Step ¾ Turn Right, Shuffle ¼ Turn Left, Step, ½ Pivot Turn Left, Side, Together.**

1-3 Make ¼ turn R stepping forward on R, step forward on L, make ¾ turn R (weight on R).

4&5 Step L to L side, close R beside L, make ¼ turn L stepping forward on L.

6,7 Step forward on R, make ½ turn L (weight on L).

8& Step R to R side, step L beside R. (9 o'clock).

**\*\*Restart 2 during wall 6 – begin again facing 9.00.**

**Side, Together, Forward, Side, Together, Side, Together, Back, Side, Together.**

1-3 Step R to R side, step L beside R, step forward on R.

4& Step L to L side, step R beside L.

5-7 Step L to L side, step R beside L, step back on L.

8& Step R to R side, step L beside R. (9 o'clock).

**\*\*Restart 1 – Dance the first 8& counts then begin again facing 6.00.**

**\*\*Restart 2 – Dance the 24& counts then begin again facing 9.00.**

Have fun and Enjoy