

# Mom's Song

Count: 32

Wall: 4

Level: Improver

Choreographer: Lindsay Stamp (USA) - May 2023

Music: Mom (feat. Kelli Trainor) - Meghan Trainor



## #16 count Intro from the music start

### (1-8) Right Foot Lead (Rolling grapevine to the right. Sway left and step touch, then right.)

- 1, 2, 3, 4      Clockwise rolling grapevine to right. Step R  $\frac{1}{4}$ , L  $\frac{1}{2}$ , R  $\frac{1}{4}$ , touch L next to R  
5, 6            Sway and step L out to L, touch R next to L  
7, 8            Sway and step R out to R, touch L next to R

### (1-8) Left Foot Lead (Rolling grapevine to the left. Sway right and step touch, then left)

- 1, 2, 3, 4      Counter-clockwise rolling grapevine to left. Step L  $\frac{1}{4}$ , R  $\frac{1}{2}$ , L  $\frac{1}{4}$ , touch R next to L  
5, 6            Sway and step R out to R, touch L next to R  
7, 8            Sway and step L out to L, touch R next to L

### (17-24) Right Foot Lead (3/4 turn with a toe point. Full turn with a sweep.)

- 1, 2, 3, 4      Turning clockwise, step R  $\frac{1}{4}$ , step L  $\frac{1}{4}$ , step R back  $\frac{1}{4}$ , point L toe, touching slightly forward from R.  
5, 6, 7, 8      Full turn counter-clockwise. Step L down, Step R  $\frac{1}{2}$ , step L  $\frac{1}{2}$ . Sweep R toe in a half circle out to R bringing forward.

### (25-32) Right Foot Lead (Box step R, sailor step R, sway R then L.)

- 1, 2, 3, 4      Step R over L, step L back, Step R out to R, step L next to R  
5 &            Step R behind L, Step L to L, Step R to R  
7, 8            Sway hips to R, Sway hips to L
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