

Wallen's Cowgirls

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Janet Kearney (USA) - 1 April 2023

Music: Cowgirls (feat. ERNEST) - Morgan Wallen



Intro: 16 counts – dance starts on the word ON

NO TAGS OR RESTARTS

(1 – 8) SIDE ROCK CROSS R, SIDE ROCK CROSS L, SHUFFLE R, ¼ SAILOR TURN L

- 1 & 2 Step R to R side, Recover weight on L, Cross R in front of L taking weight on R (WOR)
3 & 4 Step L to L side, Recover weight on R, Cross L in front of R taking WOL
5 & 6 Step R to R side, Step L beside R, Step R to R side
7 & 8 Make ¼ turn to L (9:00) crossing L behind R, Step R to R side, Step L next to R

(9 – 16) BODY ROLL, SHUFFLE BACK R, SHUFFLE BACK L, SIDE TOUCHES R-L W/ ¼ TURN L

- 1 – 2 Step R forward and roll body back ending with weight on L
3 & 4 Step R back, Step L next to R, Step R back
5 & 6 Step L back, Step R next to L, Step L back
7 & 8 & Step R to R side, Touch L next to R, Step L to L side while making a ¼ turn to L (6:00),
Touch R next to L

(17 – 24) GRAPEVINE R, GRAPEVINE L, PIVOT ½ TURN L 2Xs

- 1 & 2 & Step R to R, Step L behind R, Step R to R, Touch L next to R
3 & 4 & Step L to L, Step R behind L, Step L to L, Touch R next to L
5 – 6 Step forward on R, pivot ½ turn to L taking WOL (12:00)
7 – 8 Step forward on R, pivot ½ turn to L taking WOL (6:00)

(25 – 32) R MAMBO FORWARD, WALK BACK 2Xs, L COASTER, R KICK BALL CHANGE

- 1 & 2 Rock forward on R, Step L back to center, Step R slightly behind L
3 – 4 Walk backwards L-R
5 & 6 Step L backwards, Step R at center, Step L slightly in front of R
7 & 8 Kick R forward, Step R at center, Step L next to R taking WOL

Repeat and smile!

Feel free to modify the body roll as I know some people do not enjoy doing them or can't do them ☐
You may also make the vines rolling vines if you'd like! Cheers!

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