

# No Body

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 28

**Wall:** 4

**Level:** Beginner

**Choreographer:** Kitty Russell (USA) - March 2023

**Music:** No Body - Blake Shelton



**(start at vocals) right lead**

## **KICK-BALL-CHANGE X2**

1&2 Kick R forward (1), step on ball of R while raising L (&), step L (2)

3&4 Kick R foot forward (3), step on ball of R while raising L (&), step L (4)

## **TRIPLE UP X2**

5&6 Triple step R (5), L (&), R (6) forward

7&8 Triple step L (7), R (&), L (8) forward

## **ROCK UP, BACK**

1-2 Rock R forward (1), recover on L (2)

## **TRIPLE BACK X2**

3&4 Triple step R (3), L (&), R (4) back

5&6 Triple step L (5), R (&), L (6) back

## **ROCK BACK, UP**

7-8 Rock R back (7), recover on L (8)

## **JAZZ BOX 1/4 R**

1-4 Cross R over L (1), step L back w/ 1/4 turn right (2), step R to right side (3), step L across R (4) (3:00)

## **LINDY RIGHT, LINDY LEFT**

5&6, 7-8 Triple step R (5), L (&), R (6) to right, rock L back (7), recover R (8)

1&2, 3-4 Triple step L (1), R (&), L (2) to left, rock R back (3), recover L (4)

**Restart**

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