

# My Heart is Cold

**COPPER** KNOB  
BY STEPHENIE

Count: 32

Wall: 4

Level: Beginner

Choreographer: Susan Reynolds (USA) - March 2023

Music: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



## No Tags or Restarts

Intro: 32 counts

### WALK, WALK, SHUFFLE, ROCK RECOVER, SHUFFLE ½ TURN LEFT

1-4 Walk R forward, Walk L forward, Shuffle forward RLR

5-8 Rock L forward, Recover on R, Shuffle ½ turn to L, (LRL)

### SIDE ROCK, RECOVER, CROSS & CROSS, SIDE ROCK, RECOVER, COASTER

1-4 Rock R to side, Recover on L, Cross R over L, Step L in place, Step on R still crossed

5-8 Rock L to side, Recover on R, Step L back, Step R beside L, Step L forward

### FORWARD ROCK, RECOVER, STEP ½ TURN RIGHT, FORWARD LEFT, ¼ TURN RIGHT, CROSS, SHUFFLE

1-3 Step R forward, Recover on L Step R as ½ turn to R

4-6 Step L forward, Step R as ¼ turn to R, Cross L over R

7&8 Shuffle to R side, (RLR)

### LINDY LEFT, ROCKING CHAIR

1-4 Step L to L, Step R together, Step L to L, Rock back on ball of R, Recover on L

5-8 Step R forward, Step L in place, Step R back, Step L in place