

# Move Your Feet Cajun Style

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Helaine Norman (USA) - February 2023

**Music:** You're At a Party Tonight - The Mudbugs Cajun & Zydeco Band



**Intro: 32 - No tags or restarts**

## **I. HEEL, HOOK, KICK, HITCH; SHUFFLE, HOLD**

1-2 Touch R heel forward, hook R over

3-4 Touch R heel forward, hitch R

5-8 Step R forward, step L together, step R forward, hold

**Optional for heel forward: Kick forward**

## **II. HEEL, HOOK, KICK, HITCH; SHUFFLE, HOLD**

1-2 Touch L heel forward, hook L over

3-4 Touch L heel forward, hitch L

5-8 Step L forward, step R together, step L forward, hold

**Optional for heel forward: Kick forward**

## **III. MAMBO, HOLD; SHUFFLE ½ L TURN**

1-4 Rock R forward, recover to L, step R back, hold

5-8 Step L side making ¼ turn L (9:00), step R together, step L forward making ¼ turn left (6:00), hold

## **IV. CHASE ½ L TURN, HOLD; SAILOR ¼ L TURN, HOLD**

1-4 Step R forward making ½ turn left, weight to L (12:00), step R forward, hold

5-8 Sweep to step L behind making ¼ turn left (9:00), step R side, step L side

**Optional for 1-4: SHUFFLE ½ L TURN (12:00), HOLD**

1-4 Step R side making ¼ turn left (3:00), step L together, step R side making ¼ turn left (12:00), hold

**REPEAT**

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**Last Update: 7 Sep 2023**

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