

# E's Bad Seed

Count: 84

Wall: 2

Level: Phrased High Intermediate

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Music: Bad Seed - Erja Lyytinen : (Album: Waiting for the Daylight)



Notes: AABC AABC AAAB+ CC

## PART A (Verse)

### [1-8] 2x RF Heel Stomps, Weave L, Rumba box CW

- 1,2 Lean slightly right forward diagonal and raise and stomp RF heel x2  
3&4 Step RF behind LF, Step LF side, Step RF across LF  
5&6 Step LF to L, Step RF beside LF, Step LF forward  
7&8 Step RF to R, Step LF beside RF, Step RF backward

### [9-16] ½ L Shuffle back, ¼ L Scissor, Weave L, Point LF, Walk FWD L R

- 1&2 Step LF ¼ turn L, Step RF beside LF, Step LF ¼ turn L [06:00]  
3&4 Turn ¼ L and Step RF to R side, Step LF next to RF, Cross RF over LF [03:00]  
5&6 Step LF side, Step RF behind LF, Point LF side  
7,8 Walk forward L, R

### [17-24] Mambo ½ L, Paddles ¾ L, Mambo cross, Mambo back,

- 1&2 Rock LF forward, Recover, Turn ½ L stepping LF forward [09:00]  
&3 Point RF toe forward, Turn ¼ L weight on LF [06:00]  
&4 Point RF toe forward, Turn ½ L weight on LF [12:00]  
5&6 Cross RF over LF (body slightly to L diagonal), Recover, Step RF slightly back diagonal  
7&8 Step LF back, recover weight on RF, Step LF forward

### Optional easier turn:

- 1&2 Rock LF forward, Recover, Turn ¼ L stepping LF side [12:00]  
3,4 Point RF toe across LF, Point RF toe R

### [25-32] ½ R reverse pivot, RF Rock back, FWD Travelling Sailor step x2,

- 1,2 Step RF forward, turn ½ R stepping LF back [06:00]  
3,4 Step RF back, Recover weight on LF  
5&6 Step RF behind LF, Step LF forward L diagonal, Step RF forward R diagonal  
7&8 Step LF behind RF, Step RF forward R diagonal, Step LF forward L diagonal

### Note:

B+ starts facing [06:00] and should end [12:00]. Basically do the part B twice with modification.

## PART B (Pre-Chorus)

### [1-8] Slide R, Hold, Weave R, Lunge R, Slide L, Weave L

- 1,2 Slide RF side, Drag and Hold LF  
3&4 Step LF behind RF, Step RF side, Step LF across RF  
5,6 Step on RF ball forward right diagonal and bend knee, Slide LF back left diagonal  
7&8 Step RF behind LF, Step LF side, Step RF across LF

### [9-16] ¼ L Walk L R, Anchor Step, Turn ½ R, Full Turn L

- 1,2 Turn ¼ L stepping LF forward, Step RF forward [09:00]  
3&4 (Swing) Step LF behind RF, Step RF in place, Step LF back  
5,6 Turn ½ R and Step RF forward, Step LF forward and prep for left turn [03:00]  
7,8 Turn ½ L and Step RF back [09:00], Turn ½ L and Step LF forward [03:00]

B+ Repeat 1-16. On the first round, replace count 16 with ¼ L turning LF side rock [12:00]. Recover sliding on

count 1. Second time, do the normal B.

**[17-20] Sweep RF, Hold**

1 Sweep RF turning  $\frac{1}{4}$  L [12:00]  
2,3,4 Hold (B+ keep Holding or e.g do Heel Stomps 5-8)

**PART C (Chorus)**

**[1-8] Walk around  $\frac{1}{2}$  R, Paddles  $\frac{1}{2}$  L, Hip Humps R**

1-4 Walk R,L,R,L clockwise half turn [06:00] Hands: 4x RH fist pumps  
&5 Point RF toe forward, Turn  $\frac{1}{4}$  L weight on LF [03:00] Hands: RH lasso  
&6 Point RF toe forward, Turn  $\frac{1}{4}$  L putting weight on both [12:00] Hands: RH lasso  
7,8 2 x Hip Pump Right Hands: on waist

**[9-16] Swivets R L, Point front RF LF, Claps**

1& Swivel LF Heel L and RF Toes R, Recover Hands: Robot RH up, LH down  
2& Swivel LF Toes L and RF Heel R, Recover Hands: Robot LH up, RH down  
3,4 Point RF front of LF, Recover onto RF Hands: on waist  
5,6 Point LF front of RF, Recover onto LF  
7,8 2x Claps

**[17-24] R diagonal lock steps, K Step back**

1,2 Step RF forward R diagonal, Lock step LF behind bending knees Hands: RH fist pump  
3,4 Step RF forward R diagonal, Lock touch LF behind bending knees Hands: RH fist pump  
5,6 Step LF back L diagonal, Touch RF next to LF Hands: wave both R L  
7,8 Step RF back R diagonal, Touch LF next to RF Hands: wave both R L

**[25-32] L diagonal lock steps, Rolling Turn back diagonal, Cross**

1,2 Step LF forward L diagonal, Lock step RF behind bending knees Hands: LH fist pump  
3,4 Step LF forward L diagonal, Lock touch RF behind bending knees Hands: LH fist pump  
5 Turn  $\frac{1}{8}$  R and Step RF side [01:30] Hands: drumming  
6 Turn  $\frac{1}{2}$  R and Step LF side [07:30]  
7,8 Turn  $\frac{3}{8}$  R and Step RF side [12:00], Cross LF over RF

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