

# Cowboy Sweetheart

**COPPER KNOB**  
STEPSHEETS

Count: 38

Wall: 1

Level: Beginner

Choreographer: Unknown - January 2023

Music: It Hurts - Lena Philipsson



**\*\* Step sheet revised by Ed Adams (USA) January, 2023**

**Start dance with left foot 16 counts after introductory music**

## **FOUR SHUFFLES FORWARD**

1&2 Shuffle fwd left-right-left  
3&4 Shuffle fwd right-left-right  
5&6 Shuffle fwd left-right-left  
7&8 Shuffle fwd right-left-right

**Note: If you like turns, the first two shuffles could be 1/4 turn left shuffles moving fwd, the third shuffle a 1/2 turn left shuffle moving fwd, and the fourth shuffle would remain a non-turning shuffle moving fwd.**

## **VINE LEFT, STOMP, BACK, BACK**

1-4 Step left, Step right behind left, Step left, Stomp right beside left (No weight on right stomp)  
5-6 Step back right, Step back left

## **TWO SHUFFLES FORWARD, STEP, PIVOT 1/2 TURN, SHUFFLE FORWARD**

1&2 Shuffle fwd right-left-right  
3/4 Shuffle fwd left-right-left  
5-6 Step right fwd, Pivot 1/2 turn left (Shift weight to left)  
7&8 Shuffle fwd right-left-right

## **VINE LEFT, STOMP, BACK, BACK**

1-4 Step left, Step right behind left, Step left, Stomp right beside left (No weight on right stomp)  
5-6 Step back right, Step back left

## **TWO SHUFFLES FORWARD, STEP, PIVOT 1/2 TURN, TOUCH RIGHT HEEL FORWARD, STEP TOGETHER**

1&2 Shuffle fwd right-left-right  
3&4 Shuffle fwd left-right-left  
5-6 Step right fwd, Pivot 1/2 turn left (Shift weight to left)  
7-8 Touch right heel fwd, Step right beside left

## **TOUCH LEFT HEEL FORWARD, HOOK LEFT FOOT OVER RIGHT**

1-2 Touch left heel fwd, Hook left foot over right leg

**Begin Again. No tags or restarts!**

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