

# Light in the Darkness

Count: 0

Wall: 0

Level: Phrased Intermediate

Choreographer: Michael A. Beall (USA) - February 2023

Music: Count on Me - The Lovelocks



Special thanks to THEE Jamie Marshall - Circle Dance

#16 count Intro

A the 24 2xs, B1, Tag, A the 24 2xs, B1, B2, C, B1, B2, B1 & die

A the 24, 2xs

"HOPE" "FOUND"

Hands --- Phone

**Step-Stretch 2xs, Rock-Recover, Quick Coaster**

1-2 Step R forward (1), stretch the step in place (2)

3-4 Step L forward (3), stretch the step in place (4)

These first 4 counts are for the LEAD words HOPE, FOUND, SAFE, and LOVE

5-6 Rock forward on R (5), recover back to L (6)

&7-8 Quick step back on R (&), step L beside R (7), step R forward (8)

**Step-Together, Squat Down-Up, Spilt Heels, Swivel Heels**

1-2 Step L forward (1), step R beside L (2)

3-4 Squat down (3), then stand up (4)

5-6 Split heels out (5), then in (6)

7-8 Swivel heels right (7), then left (8)

**Shuffle Right, Shuffle Left, Rocking Chair**

1&2 Shuffle right diagonal R (1), L (&), R (2)

3&4 Shuffle left diagonal L(3), R (&), L (4)

5-8 Right rocking chair rock forward on R (5), recover back on L (6) Rock back on R (7), recover forward on L (8)

**B1**

**Step-Touch 2xs, Shuffle Right, then Left**

1-2 Step R diag forward right (1), touch L beside R

3-4 Step L diag forward left (3), touch R beside L (2)

5&6 Shuffle diag right R-L-R

7&8 shuffle to diag left L-R-L

**Two Walks, R Kick-Ball-Change, Two Walks, R Kick-Ball-Change**

1-2 Walk forward R-L (1-2)

3&4 Right kick-ball-change

5-6 Walk forward R-L (5-6)

7&8 Right kick-ball-change

**REPEAT these 16 steps**

The first time you do THESE 32 counts there is a 4 count tag to follow

**TAG**

1-4 Rock forward on R (1), recover back to L (2), rock back on R (3), come forward onto L (4)

A the 24s 2xs

"SAFE" "LOVE"

Umpire --- Heart

**B1**

**B2**

The same as B1, except the first 4 counts of the 3rd set of 8

1-4 Step R forward (1), together kick L and punch both arms forward (2), step forward on L (3),  
brush kick R slightly diag forward

Continue on with the shuffle steps 5&6 right, 7&8 left, finish with the walks and kick-ball-change sequence

**C****Step-Turn**

1-2 Step R forward (1), pivot turn  $\frac{1}{4}$  left (2)

3-4 Repeat 1-2

5&6 Shuffle forward R (5), L (&), R (6)

7&8 Shuffle forward L (7), R (&), L (8)

Repeat 2 more times

Starting the 4th set do the two  $\frac{1}{4}$  turns, now facing 12:00

5-8 Step R forward, then slow coaster L back, R beside, L forward

**B1****B2****B die**

Start B1 with the side touches 1-4, then act as a robot that has run out of power as the music dies

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