### Hedonism



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Hanna Pitkänen (FIN) - 25 January 2023

Music: Hedonism (Just Because You Feel Good) - Skunk Anansie



## Start the dance after 32 counts of heavy beat No tags and no restarts!

[1-9]: Step	, behind with knee pop	behind side	cross le	eft nightclub bas	ic shuffle right
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1,2 Step R to diagonal forward (1), lock L behind R as you pop out right knee (2)

3&4 Step R behind L (3), step L to side (&), cross R over L (4)

5,6 Big step to side on L (5), step R behind L (6)

7 Cross L over R (7)

Step R to side (8), step L next to R (&), step R to side (1)

#### [10-16] 1/4 right with sweep, coaster step, fwd rock, rocking chair

2 1/4 turn right as you step L behind R sweeping R from front to back (2)

3&4 Step R back (3), step L next to R (&), step R forward (4)

5,6 Rock L forward (5), recover to R (6)

7&8 Rock back L (7), recover to R (&), rock forward to L (8)

& Recover to R (&)

#### [17-24] Step back L R with sweeps, coaster step, step, ½ turn, ½ turn, ½ turn

1,2 Step back L sweeping R from front to back (1), step back R sweeping L from front to back (2)

3&4 Step back L (3), step R next to L (&), step L forward (4)

5 Step R forward (5)

6-7 ½ turn right stepping L back sweeping R from front to back (6), ½ turn right stepping R

forward hitching L slightly (toes next to ankle) (7)

8 ½ turn right stepping L back sweeping R from front to back (8)

#### [25-32] ¼ sailor right, ¼ turn left, step, lock, heel bounces x2, out out with heels, back, together

1&2 continue turning ¼ to right as you step R behind L (1), step L next to R (&), step R forward (2)

3 ½ turn left stepping L forward (3)

4& Step R forward (4), step L behind R (&)

5,6 Unwind ¼ turn left bouncing both heels (5), unwind ¼ turn left bouncing both heels (weight

ends on L) (6)

7&8& Step R heel out to diagonal right (7), step L heel out to diagonal left (&), step back R (8), step

L next to R (&)

# \*At the end of walls 2 (facing 6) and 7 (facing 9) there is no beat, continue with two heel bounces during counts 7, 8

#### **REPEAT**

Have fun dancing!

Last Update: 6 Feb 2023