

# Life's A Dance

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Hiroko Carlsson (AUS)

Music: Life's a Dance - John Michael Montgomery : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))

(Dance starts on lyrics/16 counts intro)

**[S1] Fwd, Flick, Back, Flick, Back Rock, Fwd, Touch**

1 2 Step forward on L, Flick R to the side  
3 4 Step back on R, Flick L to the side  
5 6 Rock back on L, Replace weight on R  
7 8 Step forward on L, Touch R next to L

**[S2] Step-Pivot 1/4L, Fwd Rock-1/2R Fwd, Together, Fwd, Scuff**

1 2 Step forward on R, Make a ¼ turn left recover weight on L (9:00)  
3 4 Rock forward on R, Replace weight on L  
5 6 Make a ½ turn right stepping forward on R (3:00), Step L together  
7 8 Step forward on R, Scuff forward on L

Restart here on Wall 4 (12:00)

**[S3] Step-Pivot 1/2R, Boogie Walk Fwd, Fwd Rock-**

1 2 Step forward on L, Make a ½ turn right recover weight on R (9:00)  
3 4 5 6 Boogie walk forward on L-R-L-R  
7 8 Rock forward on L, Replace weight on R-

**[S4] -1/4L, Hold, Boogie Walk Fwd, Step-Pivot 1/4L, Cross, Sweep**

1 2 Make a ¼ turn left step L to the side (6:00), Hold  
3 4 Boogie walk forward on R-L  
5 6 Step forward on R, Make a ¼ turn left recover weight on L (3:00)  
7 8 Cross R over L, Sweeping L around R

**TAG: 2 counts Tag at the end of Wall 2 (6:00) and Wall 6 (6:00)**

1 2 Cross/ touch L over R, Touch L to the side

Restart on Wall 4 count 16 (12:00)

Ending suggestion: The last wall starts facing 12:00. Dance up to Section 2 count 4 (9:00). Then, Making a ¼ turn right to 12:00 o'clock, L side shuffle on L-R-L.

(updated: 1/Feb/23)