

# Nyanding

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Bp. Suroto (INA) & Yuliswandarini (INA) - January 2023

**Music:** Nyanding - Kawulo Alit



**No tag, 1 Restart on Wall 3 after 8 Counts**

**Start dance after intro lyric 32 counts**

## **S1. WALK FORWARD, RUN FORWARD, WALK BACKWARD, RUN BACKWARD**

- 1-2 Walk forward (R-L)
- 3&4 Run forward (R-L-R)
- 5-6 Walk backward (L-R)
- 7&8 Run Backward (L-R-L)

## **S2. DIAGONAL BACKWARD CHASSE (R-L), DIAGONAL FORWARD CHASSE (R-L)**

- 1&2 Step Rf diagonal back, step Lf close beside Rf, step Rf diagonal back
- 3&4 Step Lf diagonal back, step Lf close beside Rf, step Lf diagonal back
- 5&6 Step Rf diagonal forward, step Lf close beside Rf, step Rf diagonal forward
- 7&8 Step Lf diagonal forward , step Rf close beside Lf, step Lf diagonal forward

## **S3. MAMBO CROSS (R-L), ROCK FORWARD & BACKWARD, BACK LOCK SHUFFLE**

- 1&2 Step Rf to side R, Lf in place, step Cross Rf over Lf
- 3&4 Step Lf to side L, Rf in place, step Lf cross over Rf
- 5&6 Rock Rf forward, Recover on Lf, step Rf back
- 7&8 Step Lf back – Lock Rf over Lf – Step Lf back

## **S4. ROCK BACKWARD & FORWARD, FORWARD LOCK SUFFLE, ¼ PIVOT CROSS, SIDE CLOSE**

- 1&2 Rock Rf back, Recover on Lf, step Rf forward
- 3&4 Step Lf forward – Lock Rf behind Lf – Step Lf forward
- 5&6 Step R forward, Pivot ¼ turn L, step Cross Rf over Lf
- 7-8 Step Lf to side L, step L close beside Rf

**Enjoy the Dance with pleasure**

---