

# Burning In My Heart

Count: 64

Wall: 1

Level: Beginner

Choreographer: Wenarika Josephine (INA) - January 2023

Music: I Can't Help Myself - Four Tops



**Intro : 24 counts // 1 RESTART (wall 4 after 24 counts)**

## **Sect 1 : SIDE CHASSE, BACK ROCK, TOE STRUTS**

- 1 & 2 Chasse to right on R-L-R
- 3 – 4 L rock back – recover on R
- 5 – 6 L toe touch to side – step on L
- 7 – 8 R toe touch over L – step on R

**\*Count 5 – 8 angle body to 10.30**

## **Sect 2 : SIDE CHASSE, BACK ROCK, TOE STRUTS**

- 1 & 2 Chasse to left L-R-L
- 3 – 4 R rock back – recover on L
- 5 – 6 R toe touch to side – step on R
- 7 – 8 L toe touch over R – step on L

**\*Count 5 – 8 angle body to 1.30**

## **Sect 3 : STEP , TOUCH with ¼ TURN RIGHT (X4)**

- 1 – 2 ¼ right step R forward – touch L (3.00)
- 3 – 4 ¼ right step L to side – touch R (6.00)
- 5 – 6 ¼ right step R forward – touch L (9.00)
- 7 – 8 ¼ right step L to side – touch R (12.00)

**\*For easy option without turns , do side step and touch R-L-R-L  
(Restart here on wall 4)**

## **Sect 4 : V-STEP , OUT OUT HOLD , IN IN HOLD**

- 1 – 4 R diag forward – L to side – R back to centre – L beside R
- &5 – 6 R out to side – L out to side – hold
- &7 – 8 R in to centre – L beside R – hold

## **Sect 5 : FWD, TOUCH BEHIND, BACK, KICK, BACK BOOGIE WALK**

- 1 – 4 R forward – L touch behind R – L back – R kick forward
- 5 – 6 R back L toe out – L back R toe out
- 7 – 8 R Back L toe out – L back R toe out

## **Sect 6 : BACK ROCK, SIDE CHASSE**

- 1 – 2 R rock back – recover on L
- 3 & 4 Chasse to right on R-L-R
- 5 – 6 L rock back – recover on R
- 7 & 8 Chasse to left on L-R-L

## **Sect 7 : CROSS , SIDE POINT , JAZZ BOX**

- 1 – 4 Cross R over L – touch L to side – cross L over R – touch R to side
- 5 – 8 Cross R over L – L back – R to side – L forward

## **Sect 8 : K-STEP**

- 1 – 4 R diag fwd – touch L beside R – L diag back – touch R beside L
- 5 – 8 R diag back – touch L beside R – L diag fwd – touch R beside L

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