

Better Then

COPPER KNOB
STEPSHEETS

Count: 16

Wall: 4

Level: Easy Improver NC

Choreographer: Nathalie Damar (LUX/FR) - January 2023

Music: Better Then - Don Louis



Intro 32 counts – Start on lyrics

ROCK, RECOVER, BACK, BACK, TOGETHER, STEP LOCK STEP - MAMBO STEP, SAILOR TURN ¼

- 1 R Foot Step (or Press) fwd (1)
- 2& Recover on L (2), Step back R (&)
- 3& Step back L (3), Step R next to L (&)
- 4&5 Step L fwd (4), Lock R behind (&), Step L fwd (5)
- 6&7 Rock R fwd (6), Recover on L (&), Step back R (7) sweeping L from front to back
- 8&1 Turn ¼ L and Cross L behind R (8), Step R foot to right side (&), Recover on L foot (1) 9:00

STEP ½ TURN STEP – STEP ½ TURN STEP – WEAVE TO R, SIDE ROCK, RECOVER

- 2&3 Step R foot fwd (2), Pivot ½ Turn to left (&), Step R foot fwd (3) 3:00
- 4&5 Step L foot fwd (4), Pivot ½ Turn to right (&), Step L foot fwd (5) 9:00
- 6&7&8 Step R to right (6), Cross L behind (&), Step R to right (7), Cross L over R (&)
- 8& (1) Rock R to right with Sway (8), Recover on to L foot with Sway (&)

START AGAIN!

NO TAGS! NO RESTARTS!