

My Lovely Lady Blue

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - January 2023

Music: Lady In Blue - Bouke



Intro: On word "on"

Tags: 2

I. SLOW WALKS FORWARD X2; FORWARD MAMBO, HOLD

- 1-2 Walk R forward, hold
- 3-4 Walk L forward, hold
- 5-6 Rock R forward, recover to L
- 7-8 Step R together, hold

Optional styling for 1-4: Walks forward with forward brushes instead of holds

II. SLOW WALKS BACK X2; BACK MAMBO, HOLD

- 1-2 Walk L back, hold
- 3-4 Walk R back, hold
- 5-6 Rock L back, recover to R
- 7-8 Step L together, hold

Optional for 5-8: Back coaster, hold

III. SLOW ¼ R TURN JAZZ BOX

- 1-2 Step R over, hold
- 3-4 Step L back, hold
- 5-6 Step R side making ¼ turn R (3:00), hold
- 7-8 Step L together, hold

IV. ROCKING CHAIR; SIDE ROCK, TOUCH, HOLD

- 1-2 Rock R forward, recover to L
- 3-4 Rock R back, recover to L
- 5-6 Rock R side, recover to L
- 7-8 Touch R together, hold

REPEAT

TAGS: Facing 12:00 end of sequences 4 and 8:

- 1-2 Step R side (big)
- 3-4 Touch L together
- 5-6 Step L side (big)
- 7-8 Touch R together

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Last Update: 27 Jan 2023