

# High Heels on the Beach

**COPPER** **NOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver / Intermediate

**Choreographer:** Katie Robinson (USA) - November 2022

**Music:** High Heels - Flo Rida & Walker Hayes



[16 count intro; 1 restart on wall 3 after 16 counts; 1 tag after wall 5]

## [1-8] Heels, Scuff stomp, body roll, booty bump

- 1&2& (1) Present R heel, (&) Replace, (2) Present L Heel, (&) Replace  
3-4 (3) Scuff R heel, (4) Stomp R heel  
5, 6& (5-6) Body Roll, (&) step R back and shift weight back to R  
7, 8 (7,8) Bump L hip 2X [optional styling, twist L heel out 2x, or swivel heels L 2x]

## [9-16] Vaudevilles, cross unwind, triple LRL

- &1&2& (&) Step weight onto R, (1) Cross L over R, (&) step R out, (2) present L heel  
&3&4 (&) Step weight onto L, (1) Cross R over L, (&) step L out, (2) present R heel  
5,6 (5) Cross R over L, (6), Unwind ½ rotation over L shoulder facing 6:00  
7&8 Forward triple LRL

[RESTART: Restart on wall 3 after 16 counts – start back at 12:00]

## [17-24] Point R,L, Slide, Rock forward, pop back, knees

- 1&2& (1) Point R out to R side, (&) replace R, (2) Point L out to L side,  
3, 4 (3) hitch L inward, (4) Slide to L side, with ¼ turn L  
5,6 (5) Rock forward onto R, (6) Step R back to center, pushing hips backwards  
7&8 (7) Pop R knee, (&) replace, (8) Pop L knee, (&) replace [optional styling: hip bumps, hip roll, twerk, go nuts]

## [25-32] ½ Triple Box, stomp and heels

- 1, 2 Side triple RLR to R side  
3, 4 ¼ turn to L, triple LRL to L side  
5, 6 ¼ turn to L, triple RLR to R side  
7, 8 (7) stomp L heel, (&) swivel both heels out, (8) replace both heels to center

[TAG: After wall #5 at about 1:30 into the song, there's an extended pause for 4 counts, should be facing 6:00. Cross R over L, unwind full turn back to 6:00.]

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