

I Can't Stop Now

COPPER KNOB
BY PERMANA

Count: 16

Wall: 4

Level: Improver

Choreographer: Ayu Permana (INA) - November 2022

Music: I've Been Loving You Too Long - Otis Redding



Quick start, after about 1 second when the singer says "Loving.. "

NO TAG - NO RESTART

SECTION 1. BASIC NC - SIDE ROCK - BASIC NC - FORWARD - 1/2 TURN - FORWARD - FULL TURN - FORWARD ROCK - BACK (06.00)

- 1-2& Long step R to side - Step L behind R - Step R slightly over L
- a3 Step rock L to side - Recover on R
- 4&a Step L to side - Step R behind L - Step L slightly over R
- 5-6 Step R forward - Turn 1/2 left, step on L (6.00)
- &a7 Step R forward - Turn 1/2 right, step back on L - Turn 1/2 right, step R forward (6.00)
- 8&a Step rock L forward - Recover on R - Step L backward

SECTION 2. SIDE - CROSS - SIDE ROCK - WEAVE - 1/4 TURN - HITCH - CROSS - HINGE - CROSS - CROSS - SIDE - DRAG (09.00)

- 1 Step R to side
- 2&a Cross L over R - Step rock R to side - Recover on L
- 3-4& Cross R over L - Step L to side - Step R behind L
- a5 Turn 1/4 left, step L forward (9.00) - Hitch R
- 6&a7 Cross R over L - Turn 1/4 right, step back on L - Turn 1/4 right, step R to side - Cross L over L, sweeping R from back to front
- 8&a Cross R over L - Long step L to side - Drag R toe toward L

Enjoy and happy dancing

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