

# Hold Back The Tears

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Daniel Exton (UK) - November 2022

**Music:** Move in the Right Direction - Gossip



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## **S1 - Point, Forward, Point, Forward, Rock, Recover, Coaster Step**

- 1, 2 Point Right foot right, Step Right foot forward
- 3, 4 Point left foot left, Point Left foot forward
- 5, 6 Rock forward on Right foot, Recover onto Left foot
- 7 & 8 Right foot back, Left foot next to Right, Right foot forward

## **S2 - Step, 1/2 turn, Shuffle, Full Turn, Kick Ball Change**

- 1, 2 Step Left foot forward, 1/2 turn Right
- 3 & 4 Left foot forward, Right foot behind Left foot, Left foot forward
- 5, 6 Right foot forward with 1/2 turn Left, Left foot forward with 1/2 turn left
- 7 & 8 Kick Right foot forward, Place Right foot next to Left, Place Left foot next to right

## **S3 - Side, Behind, Side, Scuff, Scuff, Chasse, Behind**

- 1, 2, 3 Right foot to Right side, Left foot behind Right, Right foot to Right side
- 4, 5 Scuff Left foot diagonally forward to the right, Scuff Left foot diagonally back to the Left
- 6 & 7 Left foot to Left side, Right foot next to Left, Left foot to Left side
- 8 Right foot behind left

## **S4 - Point, Behind, Point, Behind, Back, Back, Coaster Step**

- 1, 2 Point Left to Left side, Step Left foot behind Right
- 3, 4 Point Right foot to Right side, Step, Right foot behind left
- 5, 6 Step back on Left, Step back on Right
- 7 & 8 Step Left foot back, Step Right foot next to Left, Step Left foot forward

**\* Restart: Wall 4 after 16 counts, restart**

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