

Body Talk

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Tim Gauci (AUS) - October 2022

Music: Physical (Glee Cast Version) (feat. Olivia Newton-John) - Glee Cast



Begin dance on lyrics, 16 beat intro. No tags/restarts.

[1-8] SHUFFLE FWD, FWD, PIVOT ½, SHUFFLE FWD, FWD, PADDLE ¼

1&234 Shuffle fwd RLR, step L fwd, pivot ½ R 6:00

5&678 Shuffle fwd LRL, step R fwd, paddle ¼ L 3:00

[9-16] CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, ¼ COASTER STEP

1234 Cross R over L, step L to L, step R behind L, point L toe to L 3:00

567&8 Step L over R, step R to R side, making ¼ turn L step L back, step R tog (&), step L fwd 12:00

[17-24] FWD, ROCK, ¾ SHUFFLE, FWD, ROCK, SHUFFLE BACK

123&4 Step R fwd, rock weight back onto L, making ¾ turn R shuffle RLR (on the spot) 9:00

567&8 Step L fwd, rock weight back onto R, shuffle back LRL 9:00

[25-32] BACK, TOUCH, BACK, TOUCH, BACK, ROCK, KICK BALL CHANGE

1234 Step R back, touch L toe fwd, step L back, touch R toe fwd 9:00

567&8 Step R back, rock weight fwd onto L, kick R fwd, step R tog (&), step L fwd 9:00

[32] Beats: Repeat dance in new direction

Enjoy ☐