

# If You're Not The One

**COPPER** KNOB  
BY SHEETS

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Yuli Fitriana (INA) - October 2022

Music: If You're Not the One - Daniel Bedingfield



Tags : 1 - Restarts : 3

Intro 16 counts

## S1. Walk 3x, Sweep cross side, cross rock behind recover side R L

- 1 - 2& Step L forward - step R forward - step L forward
- 3 - 4& Step R forward and sweep L to front - cross L over R - step R to side
- 5 - 6& Cross rock L behind R - Recover on R - Step L to side
- 7 - 8& Cross rock R behind L - Recover on L - step R to side

## S2. 3/4 turn left and sweep, Cross side behind sweep, cross, side, weave, diagonal hitch, Step back

- 1 - 2& 3/4 turn left (03:00) step L forward and sweep R to front - cross R over L - step L to side
- 3 - 4& Step R back and sweep L to back - Cross L behind R - step R to side
- 5&6& Cross L over R - step R to side - cross L behind R - step R to side
- 7 - 8& 1/8 turn right (04.30) step L forward and hitch R - Step R to back - step L to back

## S3. Lift Forward, 1/8 turn right, 1/2 turn right, Cross Side, Rockin' chair, sweep cross side

- 1 - 2& Step R back and lift L forward - Step down L - 1/8 turn right ( 06.00) step R forward
- 3 - 4& 1/2 turn right (12.00) step L to back and sweep R to back - Cross R behind L - step L to side
- 5&6& Step rock R forward - Recover on L - step R to back - recover on L
- 7 - 8& Cross R over L and sweep L to front - Cross L over R - step R to side

## S4. 1/4 Diamond - full turn right – Forward Mambo - Sweep back 2x

- 1 - 2& 1/8 turn left (10.30) step L to back - Step R to back-1/8 turn left step L to side (09.00)
- 3 - 4& Step R forward - 1/2 turn right step L to back ( 03.00) - 1/2 turn right step R forward (09.00)
- 5 & 6 Step rock L forward - recover on R - step L to back and sweep R
- 7 - 8& Step R behind and sweep L to back - Step L behind R - recover on R

## Tag : 4 c (include &) after wall 4

- 1 - 2& Step rock L forward - recover on R - 1/2 turn left step L forward
- 3 - 4& Step rock R forward - recover on L - 1/2 turn right step R forward

Restart : On wall 2, 5, & 6 after 28 c (Include &)

Hope you enjoy the dance!

Please Contact for more info : [Yulfit1907@gmail.com](mailto:Yulfit1907@gmail.com)