

You Have My Word

Count: 32

Wall: 2

Level: Intermediate

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Music: My Word - Derran Day



Intro: 16 Counts, Start at approx 17 secs

SEC 1 Out Out, Ball Cross, Rock, Recover $\frac{5}{8}$ Hitch, Rock, $\frac{1}{2}$ Step, Step, $\frac{1}{2}$ Pivot, Step, $\frac{1}{2}$ Pivot

- a1 Step right to right, step left to left
- a2 Step right beside left, cross left over right
- Arms a1) Place both arms up
a2) Drop both arms down

Styling Drop body bending both knees

- 3-4 Rock right to right, recover weight onto left turn $\frac{5}{8}$ left hitching right (4:30)
- 5-6& Rock right forward, recover weight onto left, turn $\frac{1}{2}$ right step right forward (10:30)
- 7& Step left forward, pivot $\frac{1}{2}$ right transferring weight onto right (4:30)
- 8& Step left forward, pivot $\frac{1}{2}$ right transferring weight onto right (10:30)

SEC 2 Run, Rock, Recover Sweep, Back Sweep, Back, $1\frac{1}{8}$ Rolling Vine, Sway, Sway, $\frac{1}{4}$ Step, $\frac{5}{8}$ Turn Lift, Back, $\frac{1}{2}$ Step

- a1-2 Step left forward, rock right forward, recover weight onto left sweeping right from front to back
- &3 Step right back sweeping left from front to back, step left back
- 4&5 Turn $\frac{3}{8}$ right step right forward, turn $\frac{1}{2}$ right step left back, turn $\frac{1}{4}$ right step right to right swaying body right (12:00)
- 6& Sway body left, sway body right
- 7& Turn $\frac{1}{4}$ left step left forward, turn $\frac{5}{8}$ left lifting right back (1:30)
- 8& Turn $\frac{1}{4}$ left step right back, turn $\frac{1}{4}$ left step left forward (7:30)

Restart Here on Wall 3, Square up to 12:00 then restart

SEC 3 Step, Jump, Rock & Back, $\frac{5}{8}$ Weave, Arm Movements, $\frac{1}{4}$ Step Hitch $\frac{1}{2}$ Back, $\frac{3}{4}$ Step Sweep

- 1& Step right forward, jump on right lifting left back
- 2&3 Rock left forward, recover weight onto right, step left back
- 4&5 Step right back, turn $\frac{3}{8}$ left step left forward, turn $\frac{1}{4}$ left step right to right (12:00)
- Arms 5) Raise both arms forward above shoulder height
- 6-7& Hold for 2 counts, Prep body $\frac{1}{4}$ right
- Arms 6) Lower arms to shoulder height
&a) Take right arm to left, left arm to right, crossing left arm in front right, uncross arms
7) Take both arms to sides
- 8&1 Turn $\frac{1}{4}$ left step left forward hitch right, turn $\frac{1}{2}$ left step right back, turn $\frac{3}{4}$ left step left forward sweeping right from back to front (6:00)

SEC 4 Weave, Sweep, Behind, Side, Cross Rock & $\frac{1}{4}$ Step, $\frac{3}{4}$ Run Around

- 2&3 Cross right over left, step left to left, step right behind left sweeping left from front to back
- 4& Step left behind right, step right to right
- 5-6& Cross rock left over right, recover weight onto right, turn $\frac{1}{4}$ left step left forward (3:00)
- 7&8& Turn $\frac{1}{4}$ left step right forward, turn $\frac{1}{4}$ left step left forward, turn $\frac{1}{4}$ left step right forward, step left forward (6:00)