

# Osiris

Count: 32

Wall: 2

Level: Beginner / Improver

Choreographer: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 19 September 2022

Music: Osiris - The Sidh



Start: 16 s. approximately, 32 counts

Sequence: A-A-A-4-TAG-A-A-A-A-A-A-A-A

## [1-8] $\frac{3}{4}$ R Triple Step, Heel, Together, Touch

- 1&2 Circle R Triple-Step R  $\frac{1}{4}$  R
- 3&4 Circle L Triple-Step L  $\frac{1}{4}$  R (Tag)
- 5&6 Circle R Triple Step R  $\frac{1}{4}$  R
- 7&8 Touch L Heel FW, LF next to RF, Point RF Back to LF

## [9-16] Rocking-Chair, Rock step, Coaster-Step

- 1-2 RF FW, Recover to LF (option arm)
- 3-4 RF Back, Recover to LF (option arm)
- 5-6 RF FW, Recover to LF
- 7&8 RF Back, LF next to RF, RF FW

## [17-24] Heel, Touch, Triple-Step, Sweep, Stomp, Stomp, Stomp\* (\*Option)

- 1-2 Touch L Heel FW, Point LF over RF
- 3&4 L Triple-Step FW (LF FW, RF next to LF, LF FW)
- 5-6 R Sweep from front to the back
- 7&8 Stomp RF next to LF, Stomp LF next to RF, Stomp RF next to LF (\*Option Sailor-Step)

## [25-32] Weave, Rock-Step, Chassé $\frac{1}{4}$ L

- 1-2 Cross LF over RF, RF to the R Side
- 3-4 Cross LF behind RF, RF to the R Side
- 5-6 Cross LF over RF, recover to LF
- 7&8 Chassé  $\frac{1}{4}$  L (LF to the L Side, RF next to LF, Make  $\frac{1}{4}$  L with LF FW) (option arm)

Tag: 4 counts

## [1-4] V Step- Run on place

- 1&2& RF FW on R diagonal, LF FW on L diagonal, RF Back, LF next to RF
- 3&4& RF next to LF, LF next to RF, RF next to LF, LF next to RF

For the arms, watch the video

Smile & enjoy the dance

Contact: [maellynedance@gmail.com](mailto:maellynedance@gmail.com)