

This Hell

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Sukyung Son (KOR) - September 2022

Music: This Hell - Rina Sawayama



Intro : 48c

TAG 1 : 4c after 3wall (6:00)

TAG 2 : 32c after 4wall (12:00)

[1-8] Fwd Lock, Scuff x 2

1-4 Step RF Fwd, Lock LF Behind, Step RF Fwd, Scuff LF Fwd
5-8 Step LF Fwd, Lock RF Behind, Step LF Fwd, Scuff RF Fwd

[9-16] 1/4L Pivot, 1/4L Side Press x 2, Cross, Jmp Out, Hook, Side

1-2 Step RF Fwd, 1/4L Pivot (9:00)
3-4 1/4L Press RF Side x 2 (3:00)
5-6 Jump LF Cross, Jump BF Out
7-8 Hook RF Fwd, Step RF Side

[17-24] Cross, Back, Full/L, Cross, Side, Heel Touch, Together x 2

1-2 Step LF Cross, Step RF Back
3&4 1/4L Step LF Fwd, 1/2L Step RF Back, 1/4L Step LF Side (3:00)
5&6& Step RF Cross, Step LF Side, Heel Touch RF Diagonal Fwd, RF Next to LF
7&8& Step LF Cross, Step RF Side, Heel Touch LF Diagonal Fwd, LF Next to RF

[25-32] Syncopated Rock Step x 2, 1/2L Pivot, 1/2L Back, 1/4L Side

1-2& Rock RF Fwd, Recover LF, RF Next to LF
3-4& Rock LF Fwd, Recover RF, LF Next to RF
5-6 Step RF Fwd, 1/2L Pivot (9:00)
7-8 1/2L Step RF Back, 1/4L Step LF Side (12:00)

[33-40] Heel Swivel x 4 with Arm Roll x 2

1-4 Step RF Side with Heel Swivel LF In x 4
5-8 Step LF Side with Heel Swivel RF In x 4

***Styling Tip : 1-8c Both Arm Roll In**

[41-48] Kick, Hook, Kick, Flick, Fwd Kick Ball Side Point, Back Rock, 1/4L Fwd, Scuff, 1/4L Side

1&2& Kick RF Fwd, Hook RF Fwd, Kick RF Fwd, Flick RF Side
3&4 Kick RF Fwd, RF Next to LF, Point LF Side
5&6 Rock LF Back, Recover RF, 1/4L Step LF Fwd (9:00)
7-8 Scuff RF Fwd, 1/4L Side (6:00)

[49-56] 1/4L Hip Bump x 2, 1/2L Hip Bump, Full/L, Fwd

1-2 Point LF Side with Hip Bump, 1/4L Step LF Fwd (3:00)
3-4 Point RF Side with Hip Bump, 1/4L Step RF back (12:00)
5-6 1/4L Point LF Side with Hip Bump, 1/4L Step LF Fwd (6:00)
7&8 1/2L Step RF Back, 1/2L Step LF Fwd, Step RF Fwd (6:00)

[57-64] Kick, Fwd, Behind Touch, Back, Kick Ball Scuff, Jump Out, Jump Cross, Unwind Full/L

1&2& Kick LF Fwd, Step LF Fwd, Touch RF Behind, Step RF Back
3&4 Kick LF Fwd, LF Next to RF, Scuff RF Fwd
5-8 Jump BF Out, Jump RF Cross, Unwind Full Turn L, Hold (6:00)

TAG 1 (4c) : after 3wall (6:00)

[1-4] Side, Hold, Hip Circle L

1-4 Step RF Side, Hold, Hip Circle to L

***Styling Tip : 1-2c Upper Body to R and Right Arm Slap Right Hip**

TAG 2 (32c) : after 4wall (12:00)

1-32 Same with 33-64c

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