

# If This Is It

**COPPER KNOB**  
BYEFOOTETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Kathy Kearey (AUS) - September 2021

**Music:** If This Is It - Huey Lewis & The News



**Start:** After 32 Count intro

## **SIDE ROCK CROSS SHUFFLE x2**

1-2 Step/rock R to side, recover onto L  
3&4 Cross shuffle R, L, R  
5-6 Step/rock L to side, recover onto R  
7&8 Cross shuffle L, R, L

## **¼ TURN, ½ TURN, FORWARD SHUFFLE, ROCK FWD RECOVER COASTER STEP**

9-10 Turn ¼ to left stepping R back, turn ½ to left stepping L forward  
11&12 Shuffle forward R, L, R  
13-14 Step L forward, recover onto R  
15&16 Step L back, step R back, step L forward

## **ROLLING VINE x2**

17-18 Turn ¼ to right stepping R forward, turn ½ to right stepping L back  
19-20 Turn ¼ to right stepping R to side, touch L next to R  
21-22 Turn ¼ to left stepping L forward, turn ½ to left stepping R back  
23-24 Turn ¼ to left stepping L to side, touch R next to L

## **SIDE ROCK BACK SHUFFLE, SIDE ROCK FORWARD SHUFFLE**

25-26 Step/rock R to side, recover onto L  
27&28 Shuffle back R, L, R  
29-30 Step/rock L to side, recover onto R  
31&32 Shuffle forward L, R, L

**REPEAT**

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