

# About Damn Time

**COPPER**KNOB  
BY PHX DANCE

**Count:** 16

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Candace Jajo-Burns (USA) - August 2022

**Music:** About Damn Time - Lizzo



## Intro – 16 counts

### S1: 2 Step Touches, Shuffle forward, Shuffle ¼ turn to L

- 1-2 Step RF to R, touch LF next to RF
- 3-4 Step LF to L, touch RF next to LF
- 5-6 Shuffle forward (R, L, R)
- 7-8 Shuffle ¼ turn over L shoulder (L,R,L)

### S2: Cross rock, recover, step, Cross rock, recover, step, 2 stomps, 3 claps

- 1&2 Rock RF across LF, recover on L, step RF next to LF
- 3&4 Rock LF across RF, recover on R, step LF next to RF
- 5-6 Stomp RF, stomp LF
- 7&8 Clap, clap, clap

**ENJOY! Add your own personality to this dance! Plus, it's a Lizzo song, fun and personality are almost required. ☐**

**YouTube:** @PHXDance

**Facebook:** PHX Dance

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