

# STressed Out

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Andrico Yusran (INA) - July 2022

Music: DJ STRESSED OUT KOPLO 2022 (Remix)



Tag : 4 counts after wall 6

Restart : On wall 4 & 13 after 16 counts

**\*Start dance after intro music 32 counts\***

## **S1. \*SIDE - CLOSE - SIDE - CLOSE TOUCH - ROCKING CHAIR\***

1-4 Step R to side , L close beside R , R side , L close touch beside R

5-8 L forward , R in place , L back , R in place

## **S2. \*SIDE - CLOSE - SIDE - CLOSE TOUCH - ROCKING CHAIR\***

1-4 Step L to side , R close beside L , L side , R close touch beside L

5-8 R forward , L in place , R back , L in place ( weight On L )

**\*( Restart Here On 4 & 13 )\***

## **S3. \*JAZZ BOX 1/4 TURN R - V STEPS\***

1-4 Step R cross over L , L back 1/4 turn to R , R to side , L forward

5-8 R forward diagonal to R , L forward diagonal to L , R back to center , L close beside R

## **S4. \*FORWARD - SIDE TOUCH ( R-L ) - BACK - CLOSE - SIDE TOUCH - CLOSE TOUCH\***

1-4 Step R forward , L side touch , L forward , R side touch

5-8 R backward , L close beside R , R side touch , R close touch beside L

**\*TAG 4 COUNTS\***

**\*SIDE - CROSS TOUCH BEHIND - SIDE - CLOSE TOUCH\***

1-4 Step R to side , L cross touch behind R , L to side , R close touch beside L

**Dancing with Your Heart...♥**

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