All Shook Up

Count: 32

Level: Easy Beginner

Choreographer: Anne Livingston (UK) - August 2022

Music: All Shook Up - Whissell

Intro: 8 Counts (start about 4 seconds) No tags or restarts!	
Section 1 Kick Right Ball change, Stomp Clap, Kick Left Ball change, Stomp Clap	
1&2	Kick right forward, Step slightly back on Right foot, step left in place.
3, 4	Stomp Right slightly forward. Clap hands.
5&6	Kick left forward, Step slightly back on left foot, step right in place.
7, 8	Stomp Left slightly forward. Clap hands.
Section 2 R & L Toe Struts, Rock Fwd, Recover, Right Coaster Step	
1 - 4	Right toe strut fwd, Left toe strut fwd
5, 6	Rock fwd onto right, recover onto left
7 & 8	Step back on right, Step L next to R, step forward on right.
Section 3 L & R Toe Struts, Rock Fwd, Recover, Left Coaster Step	
1 - 4	Left toe strut fwd, Right toe strut fwd
5, 6	Rock fwd onto left, recover onto right
7 & 8	Step back on left, Step R next to L, step forward on left.
Section 4 Rt Grapevine, L Grapevine 1/4 Turn	
1, 2	Step right to right side, step left behind right
3, 4	Step right to right side, touch left beside right
5, 6	Step left to left side, step right behind left
7, 8	Turn 1/4 turn left as you step forward on left, Stomp right beside left.
On the final wall (Wall 12 starts at 3:00) the music ends on Count 31. Finish the dance (facing 12:00) with the final Stomp after the music finishes.	

Email - lanne4372@gmail.com

Last Update: 2 Aug 2024





Wall: 4