

# Feels So Good

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Jill Weiss (USA) - August 2022

Music: Feels So Good - Keala Settle



**Intro: 32 Counts**

**\*\*2 super easy tags facing 6:00 after Wall 2 and facing 12:00 after Wall 6**

**TWIST HEELS TOES HEELS RIGHT, KICK LEFT; TWIST HEELS TOES HEELS LEFT, KICK RIGHT**

1-2-3-4 Twist both heels right (1), twist both toes right (2), twist both heels right (3) kick L to left diag (4)

5-6-7-8 Twist both heels left (1), twist both toes left (2), twist both heels left (3) kick R to right diag (4)

**STEP BACK WITH KICKS 4X**

1-2-3-4 Step back R, kick L forward, step back L, kick R forward

5-6-7-8 Step back R, kick L forward, step back L, kick R forward

**(Optional arm/hands: push both hands up each time you kick)**

**BUMP BACK, BUMP FORWARD, BUMP BACK, BUMP FORWARD**

1&2 Step back on R to slight right diagonal bumping twice onto right hip

3&4 Rock forward on L to slight left diagonal, bumping twice onto left hip

5&6 Rock back on R to slight right diagonal bumping twice onto right hip

7&8 Rock forward on L to slight left diagonal, bumping twice onto left hip

**(Styling option: Lean back with shimmy when rocking back, lean forward with shimmy when rocking forward)**

**ROCK BACK, REPLACE FORWARD, TWO 1/8 PIVOT TURNS LEFT, STOMP CLAP**

1-2 Rock back on R, replace weight forward to L

3-4 Step forward on R and pivot 1/8 left (weight to left) 10:30

5-6 Step forward on R, pivot 1/8 left (weight to left) 9:00

7-8 Stomp R next to L, hold and clap (weight equally on both feet ready to twist)

**(On walls 10 and 11, song says clap twice – you can clap both on count 7 and 8 facing 6:00 and 3:00)**

**START AGAIN!**

**SUPER EASY TAGS:**

**End of Wall 2 facing 6:00 and end of Wall 6 facing 12:00**

**FOUR 1/8 TURNING JAZZ BOXES (TOTAL 1/2 TURN RIGHT) ENDING WITH STOMP CLAP**

1-2-3-4 Cross R in front of L, step back L, turn 1/8 right stepping right, step L forward 7:30

5-6-7-8 Cross R in front of L, step back L, turn 1/8 right stepping right, step L forward 9:00

1-2-3-4 Cross R in front of L, step back L, turn 1/8 right stepping right, step L forward 10:30

5-6-7-8 Cross R in front of L, step back L, turn 1/8 right stomp right, hold and clap (weight on both feet) 12:00

**(Styling option: Shimmy as you do jazzboxes!)**

**ENDING: Last time at 6:00 – two 1/4 turning jazz boxes right to 12:00 – end with stomp clap**

1-2-3-4 Cross R in front of L, step back on L, turn 1/4 right stepping right, step L forward 9:00

5-6-7-8 Cross R in front of L, step back on L, turn 1/4 right stepping right, step L next to R 12:00

1-2 Stomp R next to L, hold and clap

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**Questions, please contact Jill Weiss at [jill@freespindance.com](mailto:jill@freespindance.com)**