

# Heads Carolina

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Feargal Keegan (IRE) - August 2022

**Music:** She Had Me At Heads Carolina - Cole Swindell



**Intro: 16 counts - No tags or restarts!**

**Section 1: Side, Behind, Side, Touch, 1¼ turn with Shuffle forward**

- 1, 2 Step R to R side, step L behind R
- 3, 4 Step R to R side, touch L beside R
- 5, 6 ¼ left stepping L forward, ½ turn stepping R back
- 7&8 Shuffle ½ turn L-R-L (9 o'clock)

**Section 2: R Kick & point, L Kick & point, R sailor step, L heel grind ¼ turn**

- 1&2 Kick R forward, step R beside L, touch L toe to L side
- 3&4 Kick L forward, step L beside R, touch R toe to R side
- 5&6 Step R behind L, step L in place, step R to R side
- 7, 8 L heel grind turning ¼ over L shoulder, step R in place (6 o'clock)

**Section 3: Step, Touch, Walks back, Back rock, Shuffle forward**

- 1, 2 Step L to L side, touch R beside L
- 3, 4 Step R back, step L back
- 5, 6 Rock R back, recover
- 7&8 Shuffle forward R-L-R (6 o'clock)

**Section 4: ¼ Jazz box, Touch, Hip sways**

- 1, 2 Cross L over R, step R back turning ¼ over L shoulder
- 3, 4 Step L to L side, touch R beside L
- 5, 6 Step R to R side bumping hip R, hip L
- 7, 8 Hip R, hip L (3 o'clock)

**Last Update: 16 Jan 2023**

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