Sally Rides Again

Count: 32

Level: High Beginner

Choreographer: Elaine Richard (CAN) & Lorraine Millburn (CAN) - July 2022 Music: Mustang Sally - Wilson Pickett

#16 count intro (dance starts a couple beats before the lyrics)

SECTION 1: STEP SLIDES, DIAGONAL SHUFFLE STEPS

- RF slide forward, touch with LF, shuffle diagonally right (r,l,r) 1,2 3&4
- 5,67&8 LF slide forward, touch with RF, shuffle diagonally left (I,r,I)

SECTION 2: ¼ PIVOT TURN, SAILOR STEPS, ¼ PIVOT TURN

- 1,2 3&4 RF forward, ¼ pivot left, recover on LF, swing RF behind L, step LF side, step RF together beside LF
- Swing LF behind R, step RF side, step LF beside R, RF forward, ¼ turn pivot left recover on 5&67,8 L

SECTION 3: DIAGONAL ROCK, RECOVER, SHUFFLE STEPS

- 1,2 3&4 RF cross diagonal over left, recover on left, shuffle right (r,l,r)
- 5,67&8 LF cross diagonal over right, recover on right, shuffle left (I,r,I)

SECTION 4: TWO PADDLE TURNS, STEP TOUCHES

- RF step forward 1/8 turn left, RF step forward 1/8 turn left 1,2,3,4
- 5,6,7,8 RF step right, LF touch, LF step left, RF touch (snap fingers)

FOR THE ENDING: the last 8 counts, paddle to 12 o'clock, step RF to R side, touch L and snap fingers on the last count.

REPEAT

ENJOY ©





Wall: 4