

# Natural 3

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Andrew Hayes (UK) & Matt Lewis (UK) - July 2022

Music: Natural - BRELAND



**Intro: 32 Counts. Start at approx 15 secs.**

## SEC 1: POINT, POINT SIDE, BALL WALK, WALK, ROCK, ¾ SHUFFLE

- 1-2 Point right forward, point right to right  
&3-4 Step right beside left, step left forward, step right forward  
5-6 Rock left forward, recover weight onto right  
7&8 Turn ½ left step left forward, step right beside left, turn ¼ left step left forward (3:00)

## SEC 2: HEEL BALL CROSS, HEEL BALL CROSS, SIDE ROCK, WEAVE

- 1&2 Touch right heel to right diagonal, step right beside left, cross left over right  
3&4 Touch right heel to right diagonal, step right beside left, cross left over right

### Option On Walls 3, 7 and 9 replace counts 1-4 with the following

- 1-2 Step right to right, hold  
&3-4& Step left beside right, step right to right, hold, step left beside right  
5-6 Rock right to right, recover weight onto left  
7&8 Step right behind left, step left to left, cross right over left

## SEC 3: SIDE, TOGETHER, SHUFFLE, ROCK, COASTER STEP

- 1-2 Step left to left, step right beside left  
3&4 Step left forward, step right beside left, step left forward  
5-6 Rock right forward, recover weight onto left  
7&8 Step right back, step left beside right, step right forward

## SEC 4: ROCK, ½ SHUFFLE, STEP, ¼ PIVOT, STEP, ¼ PIVOT

- 1-2 Rock left forward, recover weight onto right  
3&4 Turn ½ left step left forward, step right beside left, step left forward (9:00)  
5-6 Step right forward, pivot ¼ left transferring weight onto left (6:00)  
7-8 Step right forward, pivot ¼ left transferring weight onto left (3:00)

### Tag: At the end of Wall 7

## OUT, OUT, ARM, ARM, BACK, TOUCH, BACK, TOUCH

- 1-2 Step right to right, step left to left  
3-4 Place right arm forward, place left arm forward  
5-6 Step right back, touch left beside right  
7-8 Step left back, touch right beside left
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