

# Old Time Rock and Roll

**COPPER KNOB**  
STEPPEDETS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Russ Booz (USA) - July 2022

Music: Old Time Rock & Roll - Bob Seger



Start after you hear "Just take those old records OFF" but start dance on – count 5

## HEEL FORWARD CLOSE 4X

- 1-2 right heel forward, step right beside left
- 3-4 left heel forward, step left beside right
- 5-6 right heel forward, step right beside left
- 7-8 left heel forward, step left beside right

## FORWARD LOCK FORWARD 4X

- 9-10 step forward right / cross left behind right , step forward right
- 11-12 step forward left / cross right behind left, step forward left
- 13-16 repeat above steps 9 -12

## VINE RIGHT

- 17-20 side right , cross left behind right, side right, kick left to front

## VINE LEFT

- 21-24 side left , cross right behind left, side left, kick right to front

## VINE 2 TURN ½

- 25-27 side right , cross left behind right, side right turning ½ right face

## SIDE TOUCH LEFT & RIGHT

- 28-31 step side left , touch right beside left, step side right, touch left beside right

## SIDE LEFT

- 32 step side left

## REPEAT

NOTE ; When I wrote this dance in the 1980's – my 4-H girls likes to try the swivel Down & up on the steps 28- 32, like TOM Cruise in the movie "Risky Business".

Contact for Choreographer – [Haheho.nut@mailstation.com](mailto:Haheho.nut@mailstation.com)