

# Feelings

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Miko Yamamoto (INA) & Yusni Zacharias (INA) - July 2022

**Music:** Feelings - Vigon Bamy Jay



**Intro: 16 Counts**

**No TAG & No Restart**

## **SECTION 1: WALK FORWARD (RIGHT, LEFT), FORWARD MAMBO, WALK BACKWARD (LEFT, RIGHT), ANCHOR STEP**

1-2 Step R forward, Step L forward  
3&4 Rock R forward, Recover on L, Step R back  
5-6 Step L back, Step R back  
7&8 Step L behind R, Step R in place, Step L in place

## **SECTION 2: SWAY (RIGHT, LEFT), ¼ RIGHT SAILOR STEP, FORWARD ROCK, RECOVER, ANCHOR STEP**

1-2 Step R to side&Sway right, Sway left  
3&4 Make ¼ right turn sweep R back, Step L next to R, Step L forward (9.00)  
5-6 Rock L forward, Recover on R  
7&8 Step L behind R, Step R in place, Step L in place

## **SECTION 3: SIDE, CROSS BEHIND, ANCHOR STEP, SIDE, CROSS BEHIND, ANCHOR STEP**

1-2 Step R to side, Cross L behind R  
3&4 Step R in place, Step L in place, Step R in place  
5-6 Step L to side, Cross R behind L  
7&8 Step L in place, Step R in place, Step L in place

## **SECTION 4: FULL TURN RIGHT, TURN ¼ RIGHT, ANCHOR STEP, TOUCH IN PLACE, ANKLE STEP**

1-2 Make ½ right turn step R forward, Make ½ right turn step L back (9.00)  
3&4 Make ¼ right turn step R forward, Step L in place, Step R in place (6.00)  
5-6 Touch L outside left, Touch L beside right  
7&8 Ankle Step

**Have Fun !**

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