

Mama Said

Count: 32

Wall: 4

Level: Improver

Choreographer: Daisy Simons (BEL) - July 2022

Music: This Is What My Mama Said - Jack & The Jillaroo



Also: Dit Is Wat Mijn Mama Zei by Metejoor

Intro: 16 counts

SIDE-BEHIND & HEEL & CROSS (RIGHT & LEFT)

- 1-2 Step Right to right side, cross Left behind Right
- &3 Step Right slightly back, touch Left heel to left diagonal
- &4 Step Left back, cross Right over Left
- 5-6 Step Left to left side, cross Right behind Left
- &7 Step Left slightly back, touch Right heel to right diagonal
- &8 Step Right back, cross Left over Right

SHUFFLE 1/4 TURN R FWD, CHASSE 1/4 TURN R, SAILORSTEP, L TOUCH BACK, 3/4 TURN L

- 1&2 Step Right 1/4 turn right forward, step Left next to Right, step Right forward (3:00)
- 3&4 Step Left 1/4 turn right to left side, step Right next to Left, step Left to left side (6:00)
- 5&6 Cross Right behind left, step Left to left side, step Right to right side
- 7-8 Touch Left behind Right, make 3/4 turn left (weight on Left) (9:00)

ROCK FWD, RECOVER, COASTERSTEP, WALK, WALK, SHUFFLE FWD

- 1-2 Rock Right forward, recover weight to Left
- 3&4 Step Right back, step Left next to Right, step Right forward
- 5-6 Step Left forward, step Right forward
- 7&8 Step Left forward, step Right next to Left, step Left forward

PIVOT 1/4 TURN L, CROSS SHUFFLE, 1/4 TURN R, 1/2 TURN R, SHUFFLE FWD

- 1-2 Step Right forward, make 1/4 turn left (6:00)
- 3&4 Cross Right over Left, step Left to left side, cross Right over Left
- 5-6 Step Left 1/4 turn right back, step Right 1/2 turn right forward (3:00)
- 7&8 Step Left forward, step Right next to Left, step Left forward

Start again.

Tag 1: after wall 2 (6:00) & wall 4 (12:00):

STEP FWD, BOUNCE HEEL X 3

- 1 Step Right forward
- 2-4 Bounce Right heel over 3 counts (weight on Left)

Tag 2: after wall 3 (9:00):

ROCKING CHAIR

- 1-2 Rock Right forward, recover weight to Left
- 3-4 Rock Right back, recover weight to Left

Ending: at the end of wall 10 (6:00) add Pivot 1/2 Turn L (12:00)

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