

# Glamorous Life

**COPPER** KNOB  
BY SHEILA E.

Count: 32

Wall: 4

Level: Improver

Choreographer: Gail A. Dawson (USA) - July 2022

Music: The Glamorous Life, Pt. 1 - Sheila E.



## Intro – 32 Counts

### Weave Point, Weave Point

1, 2            R cross over L, L step to L  
3, 4            R step behind L, L point to L  
5, 6            L cross over L, R step to R  
7, 8            L step behind R, R point to R

### Back, Point, Back, Point, Rock, Recover, Shuffle Forward

1, 2            R step behind L, L point L  
3, 4            L step behind R, R point R  
5, 6            R rock back, recover on L  
7&8            R step forward, L step beside R, R step forward

### Step, Pivot ¼, Crossing Triple, Rock, Recover, Coaster Step

1, 2            L step forward, pivot ¼ to R (3 o'clock)  
3&4            L cross over R, R step to R, L cross over R  
5, 6            R rock to R, recover on L  
7&8            R step back, L step beside R, R step forward

### Rock, Recover, Coaster Step, Step, Pivot, Step, Pivot

1, 2            L rock forward, recover on R  
3&4            L step back, R, step beside L, L step forward

### \*\*\* Restart Here on Walls 3 & 7 \*\*\*

5, 6            R step forward, pivot ¼ to L (12 o'clock)  
7, 8            R step forward, pivot ¼ to L (9 o'clock)

\*\*\* Wall 3 starts at 6 o'clock and the restart happens on the 9 o'clock wall

\*\*\* Wall 7 starts at 12 o'clock and the restart happens on the 3 o'clock wall

\*Choreographed to The Glamorous Life, Pt. 1 which appears on 80s Dance Classics which is available on iTunes, but any version under 4 minutes will do  
(some versions are over 8 minutes long)