

# She's a Natural (Country Girl)

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Jonno Liberman (USA) - June 2022

Music: Natural - BRELAND



## Intro: 32 Counts

### [1-8] Forward Triple x2, 1/8 Box Step (12:00)

#### Begin the dance to the front left corner (facing 10:30)

- 1&2 Step RF forward, Step LF next to RF, Step RF forward
- 3&4 Step LF forward, Step RF next to LF, Step LF forward
- 5, 6 Cross RF over LF, Turn 1/8 R as you step LF back (12:00)
- 7, 8 Step RF to R, Cross LF over RF

### [9-16] Side Touch, Side Touch, Back, Together, Hip Sways (12:00)

- 1, 2 Step RF to R, Touch LF next to RF
- 3, 4 Step LF to L, Touch RF next to LF
- \*For walls 3, 7, and 9, you can change timing to &1 Hold-2, &3 Hold-4 to better hit the chorus.**
- 5, 6 Step RF back, Step LF next to RF
- 7, 8 Sway Hips to R, Sway hips to L (finish with weight on LF)

### [17-24] Side Triple, Back Rock, Side Triple, Back Rock (12:00)

- 1&2 Step RF to R, Step LF next to RF, Step RF to R
- 3, 4 Rock LF behind RF, Recover forward onto RF
- 5&6 Step LF to L, Step RF next to LF, Step LF to L
- 7, 8 Rock RF behind LF, Recover forward onto LF

### [25-32] Side Toe Strut, Cross Toe Strut, 1/8 Rocking Chair (1:30)

- 1, 2 (angle body to front right corner) Touch R toe slightly to R, Take weight onto RF
- 3, 4 Cross L toe over RF, Take weight onto LF
- 5, 6 Turn 1/8 R as you rock RF forward (1:30), Recover back onto LF
- 7, 8 Rock RF back, Recover forward onto LF

**Optional: Replace Rocking Chair with two 1/2 Pivots over the left shoulder.**

**Tag - At the end of wall 7 the music will stop and Breland will speak.**

**You can choose to do the "Easy" tag or the "Not As Easy" tag. Both will work on the same dance floor.**

### Easy Tag Option: [1-8] Forward Triple, Rock Recover, Triple Back, Back Rock Recover (7:30)

- 1&2 Step RF forward, Step LF next to RF, Step RF forward
- 3, 4 Rock LF forward, Recover back onto RF (1:30)
- 5&6 Step LF back, Step RF next to LF, Step LF back
- 7, 8 Rock RF back, Recover forward onto LF

### Not As Easy Tag Option: [1-8] Forward Triple, 1/2 Pivot, 1/2 Triple, Back Rock Recover (7:30)

- 1&2 Step RF forward, Step LF next to RF, Step RF forward
- 3, 4 Step LF forward, Turn 1/2 R as you shift weight to RF (1:30)
- 5&6 Turn 1/4 R as you step LF to L, Step RF next to LF (or Cross RF over LF), Turn 1/4 R as you step LF back (7:30)
- 7, 8 Rock RF back, Recover forward onto LF

**Dance Your Yaaas Off**

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Last Update: 6 Oct 2023

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