

Distraction

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Diana Oglesby (USA) - June 2022

Music: Distraction - Brandon Ray



Intro: 16 Counts. Lyrics starts before the 16th count, so start dance on the word "body". Start with weight on left.

No Tags, No Restarts

S1 (1-8) ROCK, RECOVER, CROSS, L SIDE, TOGETHER, CROSS, R SIDE, TURN ¼ L AND SHUFFLE L SIDE

- 1&2 Rock R side (1), recover to L (&), cross R over (2)
3-6 Step L side (3), step R together (4), cross L over (5), step R side (6)
7&8 Turn ¼ L and step L side (7), step R together (&), step L side (8) (9:00)

S2 (9-16) OUT, OUT, R SCISSOR, TURN ¼ L AND OUT, OUT, L COASTER

- 1-2 Step R out (1), step L out (2)
3&4 Step R side (3), step L together (&), cross R over (4)
5-6 Turn ¼ L and step L out (5), step R out (6) (6:00)
7&8 Step L back (7), step R side (&), step L forward (8)

S3 (17-24) R FWD, ½ TURN L, R KICK-BALL-CROSS, R SCISSOR, BIG STEP L, DRAG

- 1-2 Step R forward (1), turn ½ L (2) (12:00)
3&4 Kick R forward (3), step R together (&), cross L over (4)
5&6 Step R side (5), step L together (&), cross R over (6)
7-8 Big step L (7), drag R to L side (8)

S4 (25-32) R FWD, TURN ¼ L, TOGETHER, CROSSING SHUFFLE, ROCK, RECOVER, TRIPLE

- 1-2 Step R forward and turn ¼ L (1), step L together (2) (9:00)
3&4 Cross R over (3), step L together (&), cross R over (4)
5-6 Rock L side (5), recover to R (6)
7&8 Triple in place L-R-L (7&8)

REPEAT

Dance ends on wall 9 midway into the wall. Dance through the first 16 counts, then make a ½ turn L. You will then end facing the front wall.

Contact: d2linedance@gmail.com