

# Book of Rules

Count: 36

Wall: 4

Level: High Improver

Choreographer: Runa (DK) - June 2022

Music: Book of Rules - The Heptones : (iTunes)



Intro: 16 count from main beat (Start on vocals)

\*\*\*3 x RESTARTS:

Wall 3 after 32 counts (facing 3:00)

Wall 4 after 19& counts with step change. Replace "R heel strut" with "Small steps fwd (R+L)" (facing 12:00)

Wall 6 after 32 counts (facing 12:00)

**S1. Side-rock, rec., rock behind, rec., ½ fwd rumba-box, L touch, side-rock, rec., rock behind, rec., side, together, ¼ turn L**

- 1&2& Rock R to R side, recover on L, rock R behind L, recover on L
- 3&4& Step R to R side, step L beside R, step fwd on R, touch L beside R
- 5&6& Rock L to L side, recover on R, rock L behind R, recover on R
- 7&8 Step L to L side, step R beside L, step L to L side ¼ turn L (9:00)

**S2. ( R diag. step fwd ) x 2, L touch, ( L diag. step back ) x 2, R touch, ( back, kick ) x 2, coaster-step, brush diag.**

- 1&2& Step diag fwd on R, step L beside R, step diag fwd on R, touch L beside R
- 3&4& Step diag back on L, step R beside L, step diag back on L, touch R beside L
- 5&6& Step back on R, kick L fwd, step back on L, kick R fwd
- 7&8& Step back on R, step L beside R, step fwd on R, brush L diag. fwd

**S3. ( Diag. fwd step-lock-heel strut ) x 2 (L+R) , L K-step ( Without touch on count 8& )**

- 1& Step diag. fwd on L, lock R behind L
- 2& Step diag. fwd on L heel, slap toes down taking weight on LF
- 3& Step diag. fwd on R, lock L behind R,
- 4& Step diag. fwd on R heel, slap toes down taking weight on RF
- 5&6& Step diag. fwd on L, touch R beside L, step diag. back on R, touch L beside R
- 7&8& Step diag. back on L, touch R beside L, step diag. fwd on R, hold

**S4. Mambo-step ½ turn L, fwd shuffle, mambo-step ½ turn L, walk R+L**

- 1&2 Rock fwd on L, recover on R, ½ turn L and step L fwd (3:00)
- 3&4 Step fwd on R, step L beside R, step fwd on R
- 5&6 Rock fwd on L, recover on R, ½ turn L and step L fwd (9:00)
- 7-8 Step fwd on R, step fwd on L

**S5. L ¼ paddle-turn x 2, rocking-chair**

- 1& Touch fwd on R, ¼ turn L taking weight on L (6:00)
- 2& Touch fwd on R, ¼ turn L taking weight on L (3:00)
- 3&4& Rock fwd on R, recover on L, rock back on R, recover on L

**ENDING: Last wall 7 starts facing 12:00. Dance the first 32 counts and just make a ¼ turn R to face 12:00**