

# My Heart Stood Still

**COPPER** **KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Jo Boocock (NZ) & Bex Roper (NZ) - May 2022

**Music:** Da Doo Ron Ron - The Crystals



## Intro : 16 counts 3 Tags

### Right Side Shuffle, Rock, Recover, Side Toe Struts x 2

1&2 Step R to right, step L by R, step R to right  
3 4 Rock L behind R, Recover on R  
5 6 Left Toe to left side, L heel down  
7 8 Cross Right Toe over L, R toe down

### Left Side Shuffle, Rock, Recover, Side Toe Struts x 2

1&2 Step L to left, step R by L, step L to left  
3 4 Rock R behind L, Recover on L  
5 6 Right Toe to right side, R heel down  
7 8 Cross L Toe over R, L toe down

### Monterey 1/4 Turn twice

1 2 Point R to right, drag R by L doing 1/4 right [3:00]  
3 4 Point L to left, Step L by R  
5 6 Point R to right, drag R by L doing 1/4 right [6:00]  
7 8 Point L to left, Step L by R

### Cross Rock Recover, Side Toe Strut, Cross Rock Recover, Side, Touch

1 2 Cross Rock R over L, Recover on L  
3 4 Step R Toe to right, Drop R heel down  
5 6 Cross Rock L over R, Recover on R  
7 8 Step L to left, Touch R by L

### \*\* Tag : End of Wall 2, 4, 7 ( 8 counts ) Rocking Chair, Jazz Box

1 2 Rock R fwd, Recover on L  
3 4 Rock R back, Recover on L  
5 6 Cross R over L, Step L Back  
7 8 Step R to right, Step L fwd

Have fun and let's see what happens!

Dance edit, email: [jobex.bootscoot@gmail.com](mailto:jobex.bootscoot@gmail.com)