Alive Again



Count: 32 Wall: 4 Level: Beginner

Choreographer: Julie Gillmore (UK) - 11 May 2022

Music: Alive Again (Indie Folk Mix) - UNSECRET & Chuck Adams



Intro: 32 counts, Start on 'I was lost'

Section	1.	Walk for	ward v 2	forward	chuffla	rocking	chair
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1-2	Walk forward right	walk forward left
1-2	vvaik ioiwaid iidiil	. Walk lol wald lelt

3&4 Step forward right, step left next to right, step forward right

5-6 Rock forward on left, recover onto right7-8 Rock back on left, recover onto right

Section 2: Rock recover, shuffle back, back point x 2

1-2	Rock forward or	left recover	onto right

3&4 Step back left, step right next to left, step back on left

5-6 Step back on right, point left to left side7-8 Step back on left, point right to right side

Section 3: Cross rock chasse, weave cross side behind side

1-2	Cross step	riaht over	left	recover	onto	left
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3&4 Step right to right side, step left next to right, step right to right side

5-6 Cross step left over right, step right to right side7-8 Step left behind right, step right to right side

Section 4: Cross rock chasse, weave cross side behind 1/4 turn

1-2 Cross step left over right, recover onto right

3&4 Step left to left side, step right next to left, step left to left side

5-6 Cross step right over left, step left to left side

7-8 Step right behind left, step left forward ¼ turn left (9 o'clock)

Last Update: 30 May 2022