

# Hei Madam

**Count:** 32

**Wall:** 4

**Level:** Easy Improver

**Choreographer:** Dans & Moro (NOR), Hege Mari Berg (NOR) & Heidi Brenden (NOR) - April 2022

**Music:** Hei Madam - Admiral P



**[1 – 8]: Point, Point, right coaster step, point, point, left coaster step**

1 - 4 Point RF fw (1), point RF to Right side(2), step RF back (3)Step LF together(&)Step RF fw(4)  
5 - 8 Point LF fw(5)Point LF to Left side(6), Step LF back(7), Step LF together(&) step RF fw(8)

**[9-16]: Cross point, cross point, Jazz box ¼ turn right**

1- 4 Cross RF in front of LF (1), point RF to R side (2) Cross LF in front of RF (3) Point RF to R side (4)  
5-8 Cross RF in front of LF (5) Step LF back (6) Step RF ¼ turn R (7) Step LF together (8)

**Restart on wall 9 after 16 counts.**

**[17-24]: Mambo R, Mambo L, Mambo Fw & Back, Step Swivel**

1&2 Step RF to R side (1) Recover on LF (&) Step RF together (2)  
3&4 Step LF to L side (3) Recover on RF (&) Step LF together (4)  
5&6& Step RF forward (5) Recover on LF (&) Step RF back (6) recover on LF (&)  
7&8 Step RF fw (7) Swivel both heels to R side (&) Swivel back to center, weight on RF (8)

**[25-32]: Pivot ½ turn right x 2, Rock step, coaster step**

1-4 Step LF forward (1) ½ turn R weight ends on RF (2), Step LF forward (3) 1/2 turn R, weight ends on RF (4)  
5,6 Step LF forward (5) Recover on RF (6)  
7&8 Step LF back (7) Step RF together (&) Step LF forward (8)

**Start again, have fun and make your own variations**

**Restart on wall 9 after 16 counts.**

**Last Update - 25 Sept.2022**