

Once and Forever (A Nightclub Feeling)

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 1

Level: Improver / Intermediate

Choreographer: V. Allen L. Isidro (USA) - April 2022

Music: Once and Forever - Charlie Wilson



Start after 16-ct intro

BEHIND, RECOVER, SIDE, BEHIND, RECOVER, SIDE, HIP SWAYS LEFT & RIGHT, COASTER

- 1&2 Rock left back, recover to right, step left side
- 3&4 Rock right back, recover to left, step right side
- 5-6 Hip left, hip right
- 7&8 Left coaster step

FORWARD MAMBO, BACK MAMBO, TURN 1/2, TURNING JAZZ BOX

- 1&2 Rock right forward, recover to left, step right together
- 3&4 Rock left back, recover to right, step left together
- 5-6 Cross right over, turn 1/4 right and step left back
- 7-8 Turn 1/4 right and step right side, step left together (6:00)

BEHIND, RECOVER, SIDE, BEHIND, RECOVER, SIDE, WALK, WALK, SHUFFLE FORWARD

- 1&2 Rock right back, recover to left, step right side
- 3&4 Rock left back, recover to right, step left side
- 5-6 Turn 1/4 right and step right forward, turn 1/4 right and step left forward (12:00)
- 7&8 Chassé forward left-right-left

FORWARD, TOE TOUCH, TURN 1/4 TURNING SHUFFLE, TURN 1/4 TURNING SHUFFLE, TURN 1/2 TURNING SHUFFLE

- 1-2 Step left forward, touch right together
- 3&4 Turn 1/4 left and chassé back right-left-right (9:00)
- 5&6 Turn 1/4 left and chassé back left-right-left (6:00)
- 7&8 Turn 1/2 left and chassé forward right-left-right (12:00)

Option: replace with 3 non-turning back shuffles

REPEAT

TAG: After wall 6

- 1-4 Hip left, hip right, hip left, hip right